

ABSTRAK

Kholisah, Dwinur, Kholifatul. 2021. *Pengaruh Play Therapy dengan Media Boneka Tangan dalam Bimbingan Kelompok terhadap Sosio Emosional Siswa SMP Hang Tuah 1 Surabaya di Masa Pandemi Covid-19*. Skripsi. Program Studi Bimbingan dan Konseling. Universitas PGRI Adi Buana Surabaya. Pembimbing: (1) Drs. H. Sutijono, M.M. Pembimbing (2) Dimas Ardika, M, S.Pd. M.Pd.

Kata Kunci: *Play Therapy, Boneka Tangan, Bimbingan Kelompok, Sosio Emosional*

Penelitian ini bertujuan untuk mengetahui pengaruh *play therapy* dengan media boneka tangan dalam bimbingan kelompok terhadap sosio emosional siswa SMP Hang Tuah 1 Surabaya di masa pandemi *Covid-19*. Pendekatan penelitian ini adalah kuantitatif dengan jenis penelitian ini menggunakan rancangan penelitian *Pra-Eksperimen One Group Pre-Test Post-Test Design*. Subjek penelitian sebanyak 5 siswa yang memiliki sosio emosional yang rendah. Pengujian hipotesis yang digunakan oleh peneliti yaitu *Wilcoxon Signed Ranks Test*.

Hasil penelitian ini menunjukkan terdapat peningkatan rata-rata skor sosio emosional siswa kelas VIII F SMP Hang Tuah 1 Surabaya dari nilai *mean pre-test* 76,80 menjadi nilai *mean post-test* 96,60 artinya *play therapy* dengan media boneka tangan dalam bimbingan kelompok berpengaruh terhadap sosio emosional siswa (*Asymp. Sig* = 0,043; *Asymp. Sig* = 0,043 < α = 0,05). Berdasarkan hasil penelitian membuktikan bahwa penggunaan *play therapy* dengan media boneka tangan dalam bimbingan kelompok ada pengaruh terhadap meningkatkan sosio emosional siswa.

ABSTRACT

Kholisah, Dwinur, Kholifatul. 2021. Effect of Play Therapy with Hand Puppet Media in Group Guidance on the Socio-Emotional Students of SMP Hang Tuah 1 Surabaya during the Covid-19 Pandemic. Essay. Guidance and Counseling Study Program. PGRI Adi Buana University Surabaya. Advisors: (1) Drs. H. Sutijono, M.M. Advisors (2) Dimas Ardika, M, S.Pd. M.Pd.

Keywords: Play Therapy, Hand Puppet, Group Counseling, Socio Emotional

This study aims to determine the effect of play therapy with hand puppet media in groups on the socio-emotional behavior of Hang Tuah 1 Surabaya Junior High School students during the Covid-19 pandemic. This research approach is quantitative with this type of research using a Pre-Experimental One Group Pre-Test Post-Test Design research design. The research subjects were 5 students who had low socio-emotional. The hypothesis testing used by the researcher is the Wilcoxon Signed Ranks Test.

The results of this study indicate an increase in the average socio-emotional score of class VIII F SMP Hang Tuah 1 Surabaya from the mean pre-test value of 76.80 to the mean post-test value of 96.60, meaning that playing therapy with hand puppet media in group guidance has an effect on socio-emotional students (Asymp. Sig = 0.043; Asymp. Sig = 0.043 < = 0.05). Based on the results of the study proved that the use of play therapy with hand puppet media in group guidance had an effect on increasing students' socio-emotional.