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Lampiran 1 Format Revisi

Lampiran 1 Format Revisi



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FORMAT REVISI SKRIPSI

Nama Mahasiswa : M. Andri Widiatmoko
NIM : 165900085
Program Studi : Pendidikan Jasmani
Tanggal Ujian Skripsi :
Judul Skripsi : Meningkatkan Kemampuan Teknik Dasar Permainan Bola Voli Melalui Modifikasi Bola Voli Mini Pada Siswa Ekstrakurikuler SMPN 2 Krian
Penguji I : Yandika Fefrian R, S.Pd., M.Or
Penguji II : Dr. Santika Rentika Hadi, M.kes

| No | Materi Revisi | Penguji I | Penguji II |
|----|---------------------|-----------|------------|
| 1 | Abstrak | | |
| 2 | Latar Belakang | | |
| 3 | Kerangka konseptual | | |
| 4 | Tabel Hasil | | |
| 5 | Pembahasan | | |

Batas waktu revisi skripsi: 2 minggu terhitung dari waktu ujian skripsi.

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Yandika Fefrian R, S.Pd., M.Or
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Lampiran 2 Berita Acara Bimbingan

Lampiran 2



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BERITA ACARA BIMBINGAN SKRIPSI

Nama Mahasiswa : M. Andri Widiatmoko
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Judul Skripsi : Meningkatkan Kemampuan Teknik Dasar Permainan Bola Voli Melalui Modifikasi Bola Voli Mini Pada Siswa Ekstrakurikuler SMPN 2 Krian

| No | tanggal | Materi bimbingan | pembimbing |
|----|----------|----------------------------------|------------|
| 1 | 09-12-19 | Pengajuan Bab I, Bab II, Bab III | |
| 2 | 11-12-19 | Revisi Bab I, Bab II, Bab III | |
| 3 | 06-01-20 | Pengarahan Bab IV | |
| 4 | 07-01-20 | Pengajuan Bab IV | |
| 5 | 08-01-20 | Revisi Bab IV | |
| 6 | 10-01-20 | Revisi Bab IV | |
| 7 | 10-01-20 | Pengajuan Bab V | |
| 8 | 13-01-20 | Revisi Bab V | |
| 9 | 14-01-20 | Penyerahan Bab I-V | |
| 10 | 15-01-20 | ACC Skripsi | |

Selesai bimbingan skripsi tanggal 15 Januari 2020

Mengetahui
Dekan FKIP,



Dr. Santika Rentika Hadi, S.Pd., M.Si.
NIP. 196801031992031003

Dosen Pembimbing,

Dr. Santika Rentika Hadi, M.Kes
NIDN. 0009026702

Lampiran 3



FAKULTAS KEGURUAN DAN ILMU PENDIDIKAN UNIVERSITAS PGRI ADI BUANA SURABAYA

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Nomor : 601/AK.2/FKIP/X/2019
Lampiran : -
Perihal : Permohonan Izin Penelitian

28 Oktober 2019

Yang Terhormat,
Kepala SMPN 2 Krian
di Sidoarjo

Sesuai dengan kurikulum Universitas PGRI Adi Buana Surabaya, untuk penyelesaian akhir masa studi, mahasiswa diwajibkan menulis skripsi. Berkaitan dengan ini, mohon dengan hormat Bapak/Ibu Kepala SMPN 2 Krian Sidoarjo berkenan memberikan izi penelitian kepada mahasiswa :

Nama : M. Andri Widiatmoko
NIM : 165900085
Program Studi : Pendidikan Jasmani
Judul Penelitian : Meningkatkan Kemampuan Teknik Dasar Permainan Bola Voli Melalui Modifikasi Bola Voli Mini Pada Siswa Ekstrakurikuler SMPN 2 Krian
Waktu Penelitian : 29 Oktober s/d 29 November 2019

Demikian atas bantuan dan kerjasamanya disampaikan terima kasih.

Dekan,

Suhartono, S.Pd., M.Pd.
NIP. 196801031992031003

Tembusan :
1. Wakil Dekan 1
2. Kaprodi

Lampiran 4



PEMERINTAH KABUPATEN SIDOARJO
DINAS PENDIDIKAN DAN KEBUDAYAAN
SEKOLAH MENENGAH PERTAMA NEGERI 2 KRIAN

Terakreditasi "A" NPSN : 20501729-NSS : 201050209006
Jl. Gub Sunandar PS Krian Telp (031) 8971575-Kode Pos. 61262

SURAT KETERANGAN

Nomer : 421.3/554/404.5.1.8.2/2018

Berdasarkan pada permohonan izin penelitian dari Fakultas Keguruan Dan Ilmu Pendidikan Universitas PGRI Adibuana Surabaya No : 073/AK.2/FKIP/IX/2019 Tanggal 28 Oktober 2019, dengan ini saya :

Nama : Dra. Rustanti Tri Murtiningrum, M.Pd
NIP : 196209071989032008
Pangkat/Gol : Pembina TK.1 (IV/b)
Jabatan : Kepala Sekolah

Menerangkan bahwa :

Nama : M. Andri Widiatmoko
Nomor Registrasi : 165900085
Program Studi : Pendidikan Jasmani
Waktu Penelitian : 29 Oktober 2019 s/d 29 November 2019

Adalah Benar-Benar Sudah Melakukan Penelitian Di SMPN 2 Krian Pada Bulan Oktober s/d November Tahun 2019, Untuk Menyusun Skripsi/Tugas Kuliah Dengan Judul
"MENINGKATKAN KEMAMPUAN TEKNIK DASAR PERMAINAN BOLA VOLI MELALUI MODIFIKASI BOLA VOLI MINI PADA SISWA EKSTRAKULIKULER SMPN 2 KRIAN"

Demikian surat keterangan ini dibuat untuk dipergunakan sebagaimana perlunya.

29 November 2019
Kepala Sekolah SMPN 2 Krian

Rustanti Tri Murtiningrum, M.Pd
NIP. 196209071989032008

Lampiran 5 SPSS

Tabel

Descriptive Statistics

| | N | Min | Max | Sum | Mean | Std. Deviation |
|-------------------------|----|-----|-----|------|-------|-------------------|
| Pre Test Passing Bawah | 16 | 65 | 90 | 1180 | 73,75 | 8,266 |
| Post Test Passing Bawah | 16 | 75 | 95 | 1280 | 80,00 | 6,583 |
| Pre Test Passing Atas | 16 | 55 | 80 | 1095 | 68,44 | 6,762 |
| Post Test Passing Atas | 16 | 70 | 90 | 1240 | 77,50 | 6,583 |
| Pre Test Servis | 16 | 45 | 70 | 935 | 58,44 | 7,238 |
| Post Test Servis | 16 | 60 | 90 | 1230 | 76,88 | 8,342 |
| Pre Test Smash | 16 | 45 | 70 | 910 | 56,88 | 9,287 |
| Post Test Smash | 16 | 60 | 90 | 1200 | 75,00 | 9,487 |
| Pre Test Block | 16 | 30 | 55 | 665 | 41,56 | 7,685 |
| Post Test Block | 16 | 60 | 100 | 1240 | 77,50 | 14,376 |
| Valid N (listwise) | 16 | | | | | |

Tabel

Descriptive Statistics

| | Variance |
|-------------------------|----------|
| Pre Test Passing Bawah | 68,333 |
| Post Test Passing Bawah | 43,333 |
| Pre Test Passing Atas | 45,729 |
| Post Test Passing Atas | 43,333 |
| Pre Test Servis | 52,396 |
| Post Test Servis | 69,583 |
| Pre Test Smash | 86,250 |
| Post Test Smash | 90,000 |
| Pre Test Block | 59,062 |
| Post Test Block | 206,667 |
| Valid N (listwise) | |

Tabel

Paired Samples Statistics

| | | Mean | N | Std. Deviation | Std. Error Mean |
|-----------|----------------------------|-------|----|-------------------|--------------------|
| Pair 1 | Pre Test Passing Bawah | 73,75 | 16 | 8,266 | 2,067 |
| | Post Test Passing Bawah | 80,00 | 16 | 6,583 | 1,646 |
| Pair 2 | Pre Test Passing Atas | 68,44 | 16 | 6,762 | 1,691 |
| | Post Test Passing Atas | 77,50 | 16 | 6,583 | 1,646 |
| Pair 3 | Pre Test Servis | 58,44 | 16 | 7,238 | 1,810 |
| | Post Test Servis | 76,88 | 16 | 8,342 | 2,085 |
| Pair 4 | Pre Test Smash | 56,88 | 16 | 9,287 | 2,322 |
| | Post Test Smash | 75,00 | 16 | 9,487 | 2,372 |
| Pair 5 | Pre Test Block | 41,56 | 16 | 7,685 | 1,921 |
| | Post Test Block | 77,50 | 16 | 14,376 | 3,594 |

Tabel

Paired Samples Correlations

| | | N | Correlation | Sig. |
|--------|--|----|-------------|------|
| Pair 1 | Pre Test Passing Bawah & Post Test Passing Bawah | 16 | ,735 | ,001 |
| Pair 2 | Pre Test Passing Atas & Post Test Passing Atas | 16 | ,768 | ,001 |
| Pair 3 | Pre Test Servis & Post Test Servis | 16 | ,852 | ,000 |
| Pair 4 | Pre Test Smash & Post Test Smash | 16 | ,946 | ,000 |
| Pair 5 | Pre Test Block & Post Test Block | 16 | ,943 | ,000 |

Tabel

Paired Samples Test

| | | Paired Differences | | | |
|--------|--|--------------------|----------------|-----------------|---|
| | | Mean | Std. Deviation | Std. Error Mean | 95% Confidence Interval of the Difference |
| | | | | | Lower |
| Pair 1 | Pre Test Passing Bawah - Post Test Passing Bawah | -6,250 | 5,627 | 1,407 | -9,249 |
| Pair 2 | Pre Test Passing Atas - Post Test Passing Atas | -9,063 | 4,553 | 1,138 | -11,489 |
| Pair 3 | Pre Test Servis - Post Test Servis | -18,438 | 4,366 | 1,092 | -20,764 |
| Pair 4 | Pre Test Smash - Post Test Smash | -18,125 | 3,096 | ,774 | -19,775 |
| Pair 5 | Pre Test Block - Post Test Block | -35,938 | 7,576 | 1,894 | -39,974 |

Tabel

Paired Samples Test

| | | Paired Differences | t | df | Sig. (2-tailed) |
|--------|--|---|---------|----|-----------------|
| | | 95% Confidence Interval of the Difference | | | |
| | | Upper | | | |
| | | Lower | | | |
| Pair 1 | Pre Test Passing Bawah - Post Test Passing Bawah | -3,251 | -4,443 | 15 | ,000 |
| Pair 2 | Pre Test Passing Atas - Post Test Passing Atas | -6,636 | -7,962 | 15 | ,000 |
| Pair 3 | Pre Test Servis - Post Test Servis | -16,111 | -16,892 | 15 | ,000 |
| Pair 4 | Pre Test Smash - Post Test Smash | -16,475 | -23,420 | 15 | ,000 |
| Pair 5 | Pre Test Block - Post Test Block | -31,901 | -18,974 | 15 | ,000 |

Tabel

Descriptive Statistics

| | N | Mean | Std. Deviation | Min | Max |
|-------------------------|----|-------|-------------------|-----|-----|
| Pre Test Passing Bawah | 16 | 73,75 | 8,266 | 65 | 90 |
| Post Test Passing Bawah | 16 | 80,00 | 6,583 | 75 | 95 |
| Pre Test Passing Atas | 16 | 68,44 | 6,762 | 55 | 80 |
| Post Test Passing Atas | 16 | 77,50 | 6,583 | 70 | 90 |
| Pre Test Servis | 16 | 58,44 | 7,238 | 45 | 70 |
| Post Test Servis | 16 | 76,88 | 8,342 | 60 | 90 |
| Pre Test Smash | 16 | 56,88 | 9,287 | 45 | 70 |
| Post Test Smash | 16 | 75,00 | 9,487 | 60 | 90 |
| Pre Test Block | 16 | 41,56 | 7,685 | 30 | 55 |
| Post Test Block | 16 | 77,50 | 14,376 | 60 | 100 |

Tabel

One-Sample Kolmogorov-Smirnov Test

| | | Pre Test Passing Bawah | Post Test Passing Bawah | Pre Test Passing Atas |
|-------------------------------------|-------------------|------------------------------|-------------------------------|-----------------------------|
| N | | 16 | 16 | 16 |
| Normal Parameters ^{a,b} | Mean | 73,75 | 80,00 | 68,44 |
| | Std. Deviation | 8,266 | 6,583 | 6,762 |
| Most Extreme Differences | Absolute | ,300 | ,339 | ,194 |
| | Positive | ,300 | ,339 | ,194 |
| | Negative | -,150 | -,224 | -,181 |
| Kolmogorov-Smirnov Z | | 1,200 | 1,355 | ,778 |
| Asymp. Sig. (2-tailed) | | ,112 | ,051 | ,581 |

Tabel

One-Sample Kolmogorov-Smirnov Test

| | | Post Test Passing Atas | Pre Test Servis | Post Test Servis |
|-------------------------------------|-------------------|------------------------------|--------------------|---------------------|
| N | | 16 | 16 | 16 |
| Normal Parameters ^{a,b} | Mean | 77,50 | 58,44 | 76,88 |
| | Std. Deviation | 6,583 | 7,238 | 8,342 |
| Most Extreme Differences | Absolute | ,273 | ,210 | ,209 |
| | Positive | ,248 | ,120 | ,110 |
| | Negative | -,273 | -,210 | -,209 |
| Kolmogorov-Smirnov Z | | 1,092 | ,842 | ,834 |
| Asymp. Sig. (2-tailed) | | ,184 | ,478 | ,490 |

Tabel

One-Sample Kolmogorov-Smirnov Test

| | | Pre Test Smash | Post Test Smash | Pre Test Block |
|-------------------------------------|-------------------|-------------------|--------------------|-------------------|
| N | | 16 | 16 | 16 |
| Normal Parameters ^{a,b} | Mean | 56,88 | 75,00 | 41,56 |
| | Std. Deviation | 9,287 | 9,487 | 7,685 |
| Most Extreme Differences | Absolute | ,171 | ,188 | ,143 |
| | Positive | ,145 | ,188 | ,143 |
| | Negative | -,171 | -,188 | -,110 |
| Kolmogorov-Smirnov Z | | ,685 | ,750 | ,572 |
| Asymp. Sig. (2-tailed) | | ,736 | ,627 | ,899 |

Tabel

One-Sample Kolmogorov-Smirnov Test

| | | Post Test Block |
|----------------------------------|----------------|-----------------|
| N | | 16 |
| Normal Parameters ^{a,b} | Mean | 77,50 |
| | Std. Deviation | 14,376 |
| | Absolute | ,257 |
| Most Extreme Differences | Positive | ,243 |
| | Negative | -,257 |
| Kolmogorov-Smirnov Z | | 1,026 |
| Asymp. Sig. (2-tailed) | | ,243 |

Lampiran 6 T Tabel

| Pr | 0.25 | 0.10 | 0.05 | 0.025 | 0.01 |
|-----------|-------------|-------------|-------------|--------------|-------------|
| Df | 0.50 | 0.20 | 0.10 | 0.050 | 0.02 |
| 1 | 1.00000 | 3.07768 | 6.31375 | 12.70620 | 31.82052 |
| 2 | 0.81650 | 1.88562 | 2.91999 | 4.30265 | 6.96456 |
| 3 | 0.76489 | 1.63774 | 2.35336 | 3.18245 | 4.54070 |
| 4 | 0.74070 | 1.53321 | 2.13185 | 2.77645 | 3.74695 |
| 5 | 0.72669 | 1.47588 | 2.01505 | 2.57058 | 3.36493 |
| 6 | 0.71756 | 1.43976 | 1.94318 | 2.44691 | 3.14267 |
| 7 | 0.71114 | 1.41492 | 1.89458 | 2.36462 | 2.99795 |
| 8 | 0.70639 | 1.39682 | 1.85955 | 2.30600 | 2.89646 |
| 9 | 0.70272 | 1.38303 | 1.83311 | 2.26216 | 2.82144 |
| 10 | 0.69981 | 1.37218 | 1.81246 | 2.22814 | 2.76377 |
| 11 | 0.69745 | 1.36343 | 1.79588 | 2.20099 | 2.71808 |
| 12 | 0.69548 | 1.35622 | 1.78229 | 2.17881 | 2.68100 |
| 13 | 0.69383 | 1.35017 | 1.77093 | 2.16037 | 2.65031 |
| 14 | 0.69242 | 1.34503 | 1.76131 | 2.14479 | 2.62449 |
| 15 | 0.69120 | 1.34061 | 1.75305 | 2.13145 | 2.60248 |
| 16 | 0.69013 | 1.33676 | 1.74588 | 2.11991 | 2.58349 |
| 17 | 0.68920 | 1.33338 | 1.73961 | 2.10982 | 2.56693 |
| 18 | 0.68836 | 1.33039 | 1.73406 | 2.10092 | 2.55238 |
| 19 | 0.68762 | 1.32773 | 1.72913 | 2.09302 | 2.53948 |
| 20 | 0.68695 | 1.32534 | 1.72472 | 2.08596 | 2.52798 |
| 21 | 0.68635 | 1.32319 | 1.72074 | 2.07961 | 2.51765 |
| 22 | 0.68581 | 1.32124 | 1.71714 | 2.07387 | 2.50832 |
| 23 | 0.68531 | 1.31946 | 1.71387 | 2.06866 | 2.49987 |
| 24 | 0.68485 | 1.31784 | 1.71088 | 2.06390 | 2.49216 |
| 25 | 0.68443 | 1.31635 | 1.70814 | 2.05954 | 2.48511 |
| 26 | 0.68404 | 1.31497 | 1.70562 | 2.05553 | 2.47863 |
| 27 | 0.68368 | 1.31370 | 1.70329 | 2.05183 | 2.47266 |
| 28 | 0.68335 | 1.31253 | 1.70113 | 2.04841 | 2.46714 |
| 29 | 0.68304 | 1.31143 | 1.69913 | 2.04523 | 2.46202 |
| 30 | 0.68276 | 1.31042 | 1.69726 | 2.04227 | 2.45726 |
| 31 | 0.68249 | 1.30946 | 1.69552 | 2.03951 | 2.45282 |
| 32 | 0.68223 | 1.30857 | 1.69389 | 2.03693 | 2.44868 |
| 33 | 0.68200 | 1.30774 | 1.69236 | 2.03452 | 2.44479 |

Lampiran 7 Data *Pretest* dan *Postest*

| nama siswa | Pretest | | | | | | |
|------------|--------------|--------------|---------------|--------------|--------------|---------------|--------------|
| | jumlah PB | teknik PB | Hasil Skor | jumlah PA | Teknik PA | Hasil Skor | jumlah SV |
| DIMAS | 33 | 3 | 65 | 36 | 4 | 75 | 6 |
| ANDRE | 35 | 3 | 70 | 33 | 3 | 60 | 5 |
| DICKY | 33 | 3 | 65 | 34 | 3 | 65 | 5 |
| IRHAM | 38 | 2 | 70 | 37 | 3 | 80 | 5 |
| ADAM | 40 | 2 | 70 | 38 | 3 | 80 | 6 |
| BHADRIKA | 39 | 3 | 80 | 37 | 2 | 70 | 5 |
| DANAN | 34 | 3 | 70 | 37 | 2 | 70 | 6 |
| FRENOVAL | 36 | 4 | 85 | 34 | 4 | 75 | 4 |
| RAHMAD | 39 | 4 | 90 | 37 | 2 | 70 | 6 |
| ZAKY | 37 | 4 | 85 | 32 | 4 | 65 | 5 |
| TEGGAR | 33 | 3 | 65 | 36 | 2 | 65 | 7 |
| MAULANA | 35 | 3 | 70 | 36 | 2 | 65 | 6 |
| ROMEO | 39 | 4 | 80 | 37 | 2 | 70 | 5 |
| RENO | 34 | 3 | 80 | 36 | 3 | 65 | 7 |
| AMIRUL | 35 | 3 | 70 | 34 | 3 | 65 | 6 |
| ADAM | 33 | 3 | 65 | 32 | 3 | 55 | 7 |

| teknik SV | Hasil Skor | jumlah SM | teknik SM | Hasil Skor | Jumlah BK | Teknik BK | Hasil skor |
|-----------|------------|-----------|-----------|------------|-----------|-----------|------------|
| 3 | 60 | 6 | 4 | 70 | 2 | 3 | 40 |
| 3 | 55 | 5 | 3 | 55 | 3 | 4 | 55 |
| 2 | 45 | 4 | 3 | 50 | 3 | 3 | 45 |
| 3 | 55 | 5 | 2 | 45 | 2 | 2 | 30 |
| 3 | 60 | 6 | 3 | 60 | 3 | 2 | 35 |
| 3 | 55 | 3 | 3 | 45 | 3 | 3 | 45 |
| 2 | 50 | 5 | 2 | 45 | 2 | 3 | 40 |
| 4 | 60 | 6 | 4 | 70 | 2 | 3 | 40 |
| 3 | 60 | 5 | 3 | 55 | 3 | 2 | 35 |
| 2 | 45 | 6 | 3 | 60 | 2 | 4 | 50 |
| 3 | 65 | 6 | 3 | 60 | 3 | 3 | 45 |
| 3 | 60 | 6 | 2 | 50 | 3 | 2 | 35 |
| 4 | 65 | 6 | 4 | 70 | 2 | 3 | 40 |
| 3 | 65 | 4 | 3 | 50 | 3 | 3 | 45 |
| 4 | 70 | 6 | 4 | 70 | 2 | 2 | 30 |
| 3 | 65 | 5 | 3 | 55 | 3 | 4 | 55 |

| nama siswa | Postest | | | | | | |
|--------------|--------------|---------------|---------------|--------------|--------------|---------------|--------------|
| | jumlah PB | tekni k PB | Hasil Skor | jumlah PA | Teknik PA | Hasil Skor | jumlah SV |
| DIMAS | 40 | 4 | 75 | 40 | 5 | 80 | 8 |
| ANDRE | 45 | 4 | 85 | 40 | 4 | 70 | 6 |
| DICKY | 40 | 4 | 75 | 40 | 4 | 70 | 7 |
| IRHAM | 48 | 3 | 80 | 43 | 4 | 85 | 8 |
| ADAM | 45 | 3 | 75 | 45 | 4 | 90 | 7 |
| BHADRIKA | 45 | 4 | 85 | 45 | 3 | 80 | 7 |
| DANANG | 40 | 4 | 75 | 45 | 3 | 80 | 7 |
| FRENOVA L | 40 | 5 | 85 | 40 | 5 | 80 | 6 |
| RAHMAD | 42 | 5 | 90 | 40 | 5 | 80 | 8 |
| ZAKY | 40 | 5 | 85 | 40 | 5 | 80 | 6 |
| TEGGAR | 40 | 4 | 75 | 42 | 3 | 70 | 9 |
| MAULANA | 40 | 4 | 75 | 40 | 4 | 70 | 7 |
| ROMEO | 45 | 5 | 95 | 40 | 5 | 80 | 7 |
| RENO | 40 | 4 | 75 | 40 | 4 | 70 | 8 |
| AMIRUL | 40 | 4 | 75 | 43 | 4 | 85 | 7 |
| ADAM | 40 | 4 | 75 | 40 | 4 | 70 | 8 |

| teknik SV | Hasil Skor | jumlah SM | teknik SM | Hasil Skor | Jumlah BK | Teknik BK | Hasil skor |
|-----------|------------|-----------|-----------|------------|-----------|-----------|------------|
| 4 | 80 | 8 | 5 | 90 | 3 | 4 | 80 |
| 4 | 70 | 7 | 4 | 75 | 4 | 5 | 100 |
| 3 | 65 | 6 | 4 | 70 | 4 | 4 | 80 |
| 4 | 80 | 6 | 3 | 60 | 3 | 3 | 60 |
| 4 | 75 | 7 | 4 | 75 | 4 | 3 | 60 |
| 4 | 75 | 5 | 4 | 65 | 4 | 4 | 80 |
| 3 | 65 | 6 | 3 | 60 | 3 | 4 | 80 |
| 5 | 80 | 7 | 5 | 85 | 4 | 4 | 80 |
| 5 | 90 | 7 | 4 | 75 | 4 | 3 | 60 |
| 3 | 60 | 7 | 4 | 75 | 3 | 5 | 100 |
| 4 | 85 | 8 | 4 | 80 | 4 | 4 | 80 |
| 4 | 75 | 7 | 3 | 65 | 4 | 3 | 60 |
| 5 | 85 | 8 | 5 | 90 | 3 | 4 | 80 |
| 4 | 80 | 7 | 4 | 75 | 4 | 4 | 80 |
| 5 | 85 | 7 | 5 | 85 | 3 | 3 | 60 |
| 4 | 80 | 7 | 4 | 75 | 4 | 5 | 100 |

Lampiran 8 Dokumentasi



Tes Passing Bawah



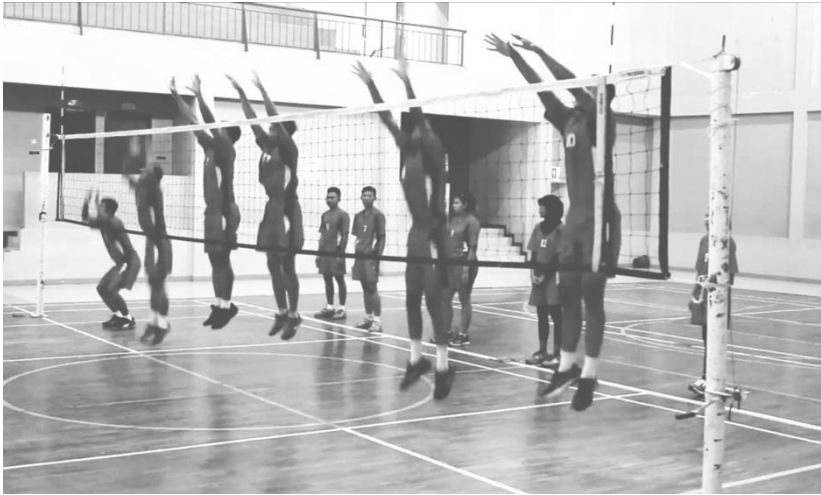
Test Passing Atas



Test Smash



Test Servis



Teknik Block