ABSTRACT

Afandi, Roby. 2017. The Effect of Using Self-Management Strategies in Group Counseling on the Behavior of Student Class VII SMPN 2 Gedangan Sidoarjo. Essay. Guidance and Counseling Study Program. Universitas PGRI Adi Buana Surabaya. Boy Soedarmadji, S.Pd., M.Pd.

Keywords: self-management strategy, group counseling, truant behavior.

The purpose of this study is to determine the effectiveness of self-management strategy in group counseling to reduce the behavior of ditching class VII students SMPN 2 Gedangan Sidoarjo.

This research uses quantitative approach with pre-test and post-test research type. Subjects of this study amounted to 113 students who were formed by purposive sampling technique. Data collection techniques used are attendance for two weeks. Instrument validity was performed using item validity with trials of 38 students. Generating valid items of 8, while the reliability of the instrument using Alpha Cronbach formula of 0.624. Data analysis techniques used in this study using SPSS for Windows version 16.0 with analysis of non-parametric statistical data using Wilcoxon test techniques.

Research data in the analysis by using SPSS for Window version 16.0 application program with statistical analysis technique used is test wilcoxon signed rank test to see the difference of pretest and posttest groups by first calculating the difference of pretest and posttest value. Based on the results of the analysis, it is concluded that there is a

significant influence of the use of self-management strategy in group counseling on the behavior of ditching grade VII students of SMPN 2 Gedangan.