

ABSTRACT

Lestari, Ayu.2019. *The anxiety of Rebecca Bloomwood in Confession of a Sophaholic movie in (2009)*. Undergraduate thesis. English Education Departement. Faculty of Teacher Training and Education .University of PGRI Adi Buana Surabaya. Advisor (1). Dyah Rochmawati, S.Pd.,M.Pd (2). Dra.Joesasono O.S.,M.Pd.

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Confession of a Sophaholic is the film that tells about American woman who has a shopping addiction and she gets anxiety in her life. The anxiety she undergoes really crucial since it affects the Main character Rebecca Bloomwood in the film P.J Hogan's

The purpose of this study is to explain the anxiety as described the kinds anxiety of Rebecca Bloomwood in Confession of a Sophaholic , and the causes why Rebecca Bloomwood anxiety. To answer the research questions that are formulated as follows : (1) " What anxiety of Rebecca Bloomwood is described in *Confession Sophaholic (2009)?*" and (2) "What are the causes of Rebecca Bloomwood's anxiety?".

The study used qualitative research, because it is the most suitable approach for literary work, and used descriptive interpretation as the approach to analyze the movie. The researcher got the data from the dialog and movie script in Confession of a Sophaholic (2009). For analyzing the data the researcher referring to the theories by Sigmund Freud (1963).

The result of this study showed that anxiety described in Rebecca Bloomwood , In this story, Rebecca experiences three kinds of anxiety; there are neurotic anxiety, realistic anxiety and moral anxiety . The neurotic anxiety caused by her life background in childhood. Besides, Rebecca suffer from the realistic anxiety. The realistic anxiety caused by her habit in shopping. She has a lot of debt in debt collector. Furthermore, Rebecca felt the moral anxiety caused by she felt guilty because she had mistakes with her friend and with someone she love. She also had many bad effects in her relationships with the people she loves.

