

ABSTRAK

Annisa Digma Maharani, 2021, Perbandingan Hasil Pewarnaan Rambut Beruban Menggunakan Ekstrak Biji Pepaya Dan Ekstrak Daun Jambu Biji, Skripsi, Program Studi Pendidikan Vokasional Kesejahteraan Keluarga Tata Rias Fakultas Teknik, Universitas PGRI Adi Buana Surabaya, Dosen Pembimbing Dr. Hj. Susilowati, M.Pd

Kata kunci: *Rambut Beruban, Ekstrak biji pepaya dan Ekstrak daun jambu biji*

Berdasarkan hasil yang di ketahui manakah yang menunjukkan hasil perubahan warna dan tingkat ketahanan/keawetan antara penggunaan ekstrak biji pepaya dan ekstrak daun jambu biji.

Penelitian ini di lakukan di kelurahan triwung kidul, kecamatan kademangan kota probolinggo. Pada tahun akademik 2020/2021. Populasi penelitian ini adalah rambut beruban baik laki-laki maupun perempuan. Dengan penarikan sampel purposive sampling yaitu pemilihan yang dilakukan berdasarkan pada ciri-ciri atau sifat-sifat sampel yang mudah diketahui sebelumnya sesuai dengan tujuan penelitian. Metode penelitian yang digunakan adalah metode komparasi dan scoring. Dengan sampel sebanyak 18 orang. Sampel dibagi dalam 2 kelompok yaitu kelompok rambut beruban yang menggunakan ekstrak biji pepaya dan ekstrak daun jambu biji, terhadap 3 jenis rambut yaitu normal, berminyak, kering. Penilaian kondisi rambut beruban diperoleh dengan menggunakan tabel scoring yang datanya dimasukkan kedalam format penilaian.

Berdasarkan hasil setelah dilakukan pengolesan menggunakan ekstrak biji pepaya maupun ekstrak daun jambu biji, terdapat perubahan tekstur rambut akibat penggunaan ekstrak biji pepaya dan ekstrak daun jambu biji, tingkat ketahanan (keawetan) penggunaan ekstrak pada rambut beruban mendapatkan hasil terbaik ketika dilakukan pengolesan ekstrak biji pepaya dengan lamanya keawetan selama kurang dari 2 minggu.

Sehubungan dengan kesimpulan tersebut maka penulis dapat mengemukakan saran kepada dunia usaha untuk pengembangan tata rias khususnya (rambut) menggunakan ekstrak bahan alami dan peneliti juga berharap agar mahasiswa program studi ini dapat melanjutkan penelitian yang belum terjangkau dalam penelitian ini.

ABSTRACT

Annisa Digma Maharani, 2021. Comparison of the Results of Gray Hair Coloring Using Papaya Seed Extract and Guava Leaf Extract: An experimental study in the village of Quarter Kidul, Kademangan District, Probolinggo City. Thesis, PVKK study program (vocational education for family welfare), Faculty of Engineering, PGRI Adi Buana Surabaya. Supervisor: Dr. Hj.Susilowati, M.Pd

Based on the results that are known which shows the results of color changes and the level of resistance / durability between the use of papaya seed extract and guava leaf extract.

This research was carried out in the village of Quarter Kidul, Kademangan District, the City of Probolinggo. In the 2020/2021 academic year. The population of this study was gray hair, both male and female. With purposive sampling sampling, namely the selection made based on the characteristics or characteristics of the sample that are easily known beforehand in accordance with the research objectives. The research method used is the method of comparison and scoring. With a sample of 18 people. Samples were divided into 2 groups, namely the gray hair group that used papaya seed extract and guava leaf extract, for 3 types of hair, namely normal, oily, dry. Assessment of the condition of the gray hair was obtained using a scoring table where the data were entered into the assessment format.

Based on the results of this study, it can be concluded that there is a change in the color of gray hair after applying papaya seed extract and guava leaf extract, there is a change in hair texture due to the use of papaya seed extract and guava leaf extract, the level of resistance (durability) of using the extract on hair. gray hair gets the best results when applying papaya seed extract with a long shelf life of less than 2 weeks. In connection with these conclusions, the author can suggest suggestions to the business world for the development of make-up especially (hair) using extracts of natural ingredients and researchers also hope that students of this study program can continue research that has not been reached in this research.

Key words: gray hair papaya seed extract and guava leaf extract, resistance (durability), color change ratio

