

CHAPTER 1 INTRODUCTION

A. The Background of the Problem

Every human must experience anxiety in his life, anxiety happened because there are conflicts in their unconscious. Anxiety is a mixed feeling of fear and concern about the future for no particular reason for the fear and individuality.

According to Freud (in Alwisol, 2005: 28) anxiety is the function of the ego to alert the individual about the possibility of a danger so that an appropriate adaptive reaction can be prepared. Anxiety serves as a mechanism that protects the ego because anxiety signals to us that there is danger and if it does not take the right action then that danger will increased until the ego is defeated.

Films communicated information and ideas, and they show us places and ways of life we might not otherwise know. Important as these benefits are, though, something more is at stake. Films offer us ways of seeing and feeling that we find deeply gratifying. They take us through experienced are often driven by stories, with characters we come to care about, but films might also develop an idea or explore visual qualities or sound textures. A film takes us on a journey, offering a patterned experience that engages our minds and emotions (Bordwell and Thompson, 2008:2).

Confessions of a Shopaholic is directed by P.J.Hogan and the screenplay is written by Tracey Jackson and Tim Firth. This is first-released on February, 13 2009 in USA.It is produced by Touchstone Pictures and Jerry Bruckheimer Films. The cinematography in this film is done by Jo Willems. The Original music is done by James

Newton and Howard. This film is starred by Isla Fisher as Rebecca Bloomwood, Hugh Dancy as Luke Brandon, Krysten Ritter as Suze, Joan Cusack as Jane Bloomwood, John Goodman as Graham Bloomwood, Kristin Scott Thomas as Alette Naylor, Leslie Bibb as Alicia Billington, Robert Stantons Derek Smeath (Ibid).

Confession of a shopaholic(2009) tells the story of Rebecca Bloomwood , a woman whose daily work is a journalist at a gardening magazine . Since her addiction to shopping,Rebecca

suffered of many debts. Because Rebecca is unable to pay of her debts, Rebecca suddenly dismisses from her job. Then she was forced to apply for job to other companies by exaggerating her resume. After receiving the work, Rebecca was forced to lie co-workers in order to avoid a debt collector who was looking her for a year to collect debts up to her new office. Being aware of being she was addicted to shopping, Rebecca was in a therapy for people who were shopaholic. The situation increased into chaotic when her therapist forced her to give the dress given by her friend Suze to charity. Suze was furious because the dress should be worn by Rebecca at her wedding. At the end of the film, Rebecca was forced to auction off all the branded commodity that she had to pay the credit card bill that were increased and she compensated her mistake to Suze.

From the various problems that are described above, Rebecca Bloomwood gets the anxiety. Her anxiety like she suffers from obsession of shopping, she has a lot of debts. Then, she always feels panic every time she meet her debt collector, and the last anxiety from Rebecca Bloomwood is feeling guilty to Suze's friend. because Rebecca Bloomwood has sold the dresses that have been given to Rebecca Bloomwood. So, by analyzing the anxiety of Rebecca Bloomwood in *Confession of a Shopaholic* film, it can benefit the reader in understanding the anxiety. Besides, this film is interesting to be analyzed in this research, because this movie genre is a drama comedy.

By using the theory of psychoanalysis suggested by Sigmund Freud (1963), the writer observes the anxiety on the main character Rebecca Bloomwood in *Confession of a Shopaholic* (2009).

B. The Scope and Limitation of the Study

The scope of this research is Psychoanalysis. This research specifically discusses Rebecca Bloomwood's anxiety that shows his feeling fear and worry about her psychological problem that makes her under control in her life. The researcher focuses on identifying the kinds and the caused of Rebecca Bloomwood's anxiety.

C. The Research Questions

Based on the explanation in background above, the research is intended analyzed the anxiety of Rebecca Bloomwood in *Confession of a Sophaholic* (2009). The researcher identifies some problems from the movie. Therefore, if it is changed into question, it can be written as follows:

1. What anxiety of Rebecca Bloomwood is described in *Confession of a Sophaholic* (2009)?
2. What are the causes of Rebecca Bloomwood's anxiety?

D. The Purpose of the study

The researcher focuses on analysis anxieties of Rebecca Bloomwood and identifying about impacts of her anxiety on her personality the problem in the movie, there are some purposes that the researcher concludes the problems above. Those purposes can be written as follows:

1. To explain the kinds of anxiety of Rebecca Bloomwood in *Confession of a Sophaholic* (2009). Which are moral anxiety, neurotic anxiety, and realistic anxiety.
2. To describe the causes of *Anxiety* of Rebecca Bloomwood in *Confession of a Sophaholic* (2009).

E. The significance of the Study

This research is expected to give some benefits for the author, reader, or those who that read this study :

1. For the Teacher

This research is expected to provide good reference, more information, and can be role model to explain about anxiety.

2. For the Student

This research is expected to get more knowledge about anxiety, especially the Rebecca Bloomwood's anxiety in *Confession of a Sophaholic* (2009).

E. The Definition of Key Terms

To make this research simple to understand, there are some key words that can guide the reader easier to understand about the content of this research. The researcher provides some definitions of key words in this research written as follows:

1. **Psychoanalysis** :Psychoanalysis has no aim except for knowing and understanding about unconscious mind in mental life (Freud, 2006: 440).
2. **Anxiety**:According Freud (1933/1964) anxiety emphasized that it is a felt, affective, unpleasant state accompanied by a physical sensation that warns the person against impending danger. The unpleasantness is often vague and hard to pinpoint, but the anxiety itself is always felt.
3. **Causes of Anxiety** :Anxiety can appear as a remorse feeling it is realized as phobia and hysteria. The other causes of anxiety can be all kinds of conflict and frustration which pursue improvement to reach the aims. These threats can be physical, psychical, and every thing which can cause anxiety. This condition is followed by distasteful feeling which is characterized by worried, fear, unhappy, these kinds of emotion which can be felt through different level (Hilgard et.al.1975:440).
4. **Movie Confession of a Shopaholic (2009)** :*Confessions of a Shopaholic* tells the story of Rebecca Bloomwood, a woman whose daily work is a journalist at gardening magazine. Since her addiction to shopping, Rebecca suffered of many debts.