

ABSTRAK

Arief, Aidul Putra M. 2021. *Efek Pandemi COVID 19 Terhadap Mental Bertanding Anak Usia 15 Tahun Di SSB Laskar Muda Surabaya*. Skripsi Program Studi Pendidikan Jasmani Fakultas Pedagogik Dan Psikologi. Universitas PGRI Adi Buana Surabaya. Pembimbing : Dr. Santika Rentika Hadi., M.Kes.

Kata Kunci : Efek Pandemi, Mental Bertanding.

Penelitian ini dilatar belakangi dengan penyebaran virus COVID-19 yang sangat cepat berdampak pada Kegiatan sepakbola pada anak usia dini yang juga terkena dampak besar dari adanya COVID-19. Di Sekolah Sepakbola (SSB) Laskar Muda Surabaya terkait yang terjadi dilapangan, dimana beberapa pemain mengalami penurunan kualitas bermain karena adanya penurunan mental baik dalam kontribusinya terhadap tim maupun produktivitas bermain. Hal ini terlihat dari beberapa pertandingan yang diadakan setiap selesai melakukan latihan.

Tujuan dari penelitian ini adalah Ingin mengetahui kondisi mental bertanding pemain usia 15 SSB Laskar Muda setelah terdampak pandemi covid 19 yang kemudian masuk dalam era new normal. Penelitian ini termasuk kedalam penelitian kuantitatif deskriptif.

Dari penelitian yang saya lakukan dapat disimpulkan bahwa *Efek Pandemi COVID 19 Terhadap Mental Bertanding Anak Usia 15 Tahun Di SSB Laskar Muda Surabaya* di pengaruhi oleh 6 indikator yaitu Emosi, Agresivitas, Motivasi, Percayadiri, Ketegagn, Kecemasan. Hasi ini di dapat dari hasil kuesioner yang di isi oleh seluruh responden. Peneliti mendapati hasil bahwa indikator Motivasi merupakan indikator paling berpengaruh dengan mental bertanding anak usia 15 tahun di SSB Laskar muda Surabaya di dasari dengan hasil persentase tertinggi yaitu 87,49%.

ABSTRACT

Arief, Aidul Putra M. 2021. The Effect of the COVID 19 Pandemic on the Mental Competition of 15 Year Olds at SSB Laskar Muda Surabaya. Thesis Physical Education Study Program, Faculty of Pedagogy and Psychology. Universitas of PGRI Adi Buana Surabaya. Advisor: Dr. Santika Rentika Hadi., M.Kes.

Key words : Pandemic effect, competitive mentality.

This research is motivated by the rapid spread of the COVID-19 virus which has an impact on football activities in early childhood who are also heavily affected by the presence of COVID-19. In Laskar Muda Surabaya Football School (SSB), it is related to what happened in the field, where some players experienced a decrease in the quality of playing due to a mental decline both in their contribution to the team and playing productivity. This can be seen from the several matches that were held after each practice.

The purpose of this study is to know the mental condition of players aged 15 SSB Laskar Muda after being affected by the COVID-19 pandemic effect which then entered the new normal era. This research is included in descriptive quantitative research.

From the research I have done, it can be concluded that the effect of the COVID 19 pandemic on the mental competitiveness of 15 year olds at SSB Laskar Muda Surabaya is renewed by 6 indicators, namely Emotion, Aggressiveness, Motivation, Belief in, Tension, and Anxiety. This result can be obtained from the results of the questionnaire filled out by all respondents. The researcher found that the motivation indicator is the most influential indicator with the mental competitiveness of 15 year olds at SSB Laskar Muda Surabaya with the highest percentage result, that is 87.49%.