### APPENDIX

#### APPENDIX



Appendix I Thesis Revision
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#### THESIS REVISION FORM

Student's Name Intan Pramelia Yani

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Department English Language Education Thesis Examination Date

: 18 February 2023 Thesis title

Conversational Implicatures between Guest and Host in Rich Roll Podcast Gun Violence in America Episode

Examiner I : Salim Nabhan, S.Pd., M.A. Examiner II Dr. Nunung Nuriati S.F.

NO	Materials	Examiner I Examiner II		
		Examiner 1	Examiner II	
1	Citation (APA Style)	A	d-	
2	Review of Previous Studies	Qr/	<i>A</i> 2	
3	Assumption of the Study	8/	7	
4	References	X	*	
5	The Use of Tenses	Y/	8	

The deadline for the correct or revised thesis: two weeks after the thesis examination.

Examiner 1

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#### RECORD OF THESIS

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Department : English Language Education : Social Science and Humanities Faculty

Thesis title : Conversational Implicatures between Guest and Host

in Rich Roll Podcast Gun Violence in America

Episode

Advisor : Dr. Nunung Nurjati, S.E., M.Pd.

Dates	Materials	Adviso
24 May 2022	Introduction (proposal outline)	8 4
08 June 2022	Pengajuan matrix penelitian	108
06 July 2022	Bimbingan chapter I	8
25 August 2022	Bimbingan chapter I dan II	1
7 Sept 2022	Bimbingan chapter I, II, III	8
23 Sept 2022	Pengajuan seminar proposal	1 8
12 Oct 2022	Konsultasi hasil seminar proposal	8,
22 Dec 2022	Konsultasi transcript data	1 8
05 Jan 2023	Konsultasi dan revisi chapter IV	80
27 Jan 2023	Konsultasi dan revisi chapter V	8
04 Feb 2023	Revisi chapter I-V	8
08 Feb 2023	Pengajuan Sidang Skripsi	108
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## **Appendix 3 Transcript**

Guest: Hey rich, how are you?

Host: How's it going man.

Guest: It's been an emotionally raw stretch, but uh you know I wouldn't want people think wrongly of me when I say I go to bed with you uh often. I promise not to say that publicly although this is being recorded now so that could be held against me but I just finished uh just finished your talk with a guy. I've loved uh even though he back then he was a think tank on the other side of the aisle but I've always loved uh Arthur Brooks. He's just such brooks yeah that was a great conversation.

Host: Yeah, thank you I mean I'm so I'm touched and honored that uh you make the time to listen to the show. I can't believe that's possible but you know Arthur makes my job easy. He's such a you know a beautiful font of wisdom and it is interesting as you know him being somebody who was head of a conservative think tank um my sense is that he really doesn't want to talk about politics. That's not his interest level right now.

Guest: I mean you covered it well which you know all of us being in our 50s. He definitely has made a shift away from this crazy think tank world but he was moving that way. He wrote this amazing book about love um which I think was one before this one that I my stack of books right now is just trying to figure out how do we talk to each other in a country that's spiraling uh in in kind of an into a culture of contempt um and he's thought been really thoughtful about that and I think highly influenced by the Dalai lama.

Host: yeah, I think that's I think that's accurate and uh you know I think that's a good place to just jump right into it. I mean I know your time is tight and I really appreciate you guys.

Guest: They said 15 minutes I I've been looking to talk to rich roll for like since I started listening to his podcast. I fell in love with your podcast, it was one of your best of years. You know like at the end of the year you do the you sample from all the ones so I I've been looking

to to have a conversation with you for a very long time so I told myself to give me at least an extra 15 minutes because I knew I was going to fanboy all over you for the first uh first 15 we wouldn't get to the subject matter.

Host: well, you got me all buttered up and I'm going to hold you to that because I'm definitely you know somebody who wants to get you in the studio and we'll do the full kit and caboodle podcast at at some point when you're.

Guest: Your journey it's your journey I read founding finding ultra and uh I think that you can see in my opinion the universe sort of using you. I think that not only athletics but also your struggles with addiction have made your power of empathy and your ability to connect. you know I always say that broken people uh we're all broken more than we maybe want to admit but you not only do it let good stuff in but it also creates more points of contact which you can connect with other broken people and I think that uh you have this wonderful ability to uh connect with the people you interview. That in a real way in a substantive way to go a little deeper than some of the general interviews. we often see I think it's a gift.

Host: I appreciate that it's uh it's an honor to be able to do it and it's certainly nourishing for me and uh to be able to kind of give it back to the audience is just you know something that just gives my life purpose and meaning um so I'm very grateful to be on this journey and to be talking to you today my friend.

Guest: Thank you!

Host: Let's get into it!

Guest: yeah, please go ahead.

Host: um you know obviously uh obviously the country is under a lot of strain right now. we're you know enduring some challenges not the least of which is all of the mass shootings uh what transpired in Uvalde and subsequent incidents that we've all uh born witness to these tragic events and so I really wanted to kind of focus the limited time that that we have with you today on the subject of gun violence and gun control

and I thought it might be beneficial to just hear your perspective like what is your bird's eye view on kind of where we're at as a nation how are you thinking about this issue right now and perhaps like some thoughts on why this is so intractable in terms of finding solutions.

Guest: so I'm a kid that grew up in the suburbs and uh new jersey and not part of a hunting culture and my granddad to take me out once but you know it's a suburban town outside of New York and gun violence didn't affect my life but I've lived the last um got since the late 90s in New York new jersey in the central ward and um gun violence immediately impacted my life on my first nights sleeping in in an apartment I got across the street from the projects I eventually moved into them I started hearing gunshots and at night I still remember coming out one day and there being a sort of tail end of a shooting and since then I've lost uh young kids I've known uh to gun violence and seen the horrific everyday realities of gun violence in America and it's often the violence we don't talk about it's stunning to me how we as a nation doesn't even pop into our consciousness unless we have these horrific mass shootings but every single day uh on average more than 300 Americans are shot over 100 Americans die and the violence is everything from domestic violence which we don't talk about to suicides which we don't talk about enough um and now we have this stunning rise of of hate in our country where since 9 11 we've lost more Americans due to Americans killing Americans right-wing groups from synagogues to churches to supermarkets um and then and then obviously uh school shootings like we just had so I it's a very personal issue for me uh I you know I I'm some of my own personal trauma uh being in and around shootings and so I came here um as the only united states senator that lives in a low-income black and brown uh neighborhood who's had shootings on their block most recently in 2018 a young man Shahadu I used to live in the same building with the police officer who was giving me the account said it was like his head blew up it was an assault rifle that he got and so it's been frustrating to me that um to live in a country where uh you know since the time that you and I've been alive as guys in their 50s we've had more people die to gun violence than in every single war in America combined yeah and so when you start asking me why something hasn't

changed um I think it's too easy and convenient to say it's just Washington because we've seen change happen against impossible odds before when four little girls died in the bombing in Birmingham you saw a nation mobilize to demand change and so I remind people all the time about this place you know there's an old trope saying here that they say often that change doesn't come from Washington it comes to Washington you know it wasn't a bunch of guys on the senate floor in the in the 1920s that said hey fellas let's give these women a right to vote it happened because people demanded it uh as Frederick Douglass says if there's no struggle there's no progress power concedes nothing without a demand and so we have tolerated for a very long time in this country a level of carnage and violence and death that we've almost normalized because days and days go by without us doing enough and so I can give you stuff that you know and I I've heard listen to you uh you enough of your podcast and I've heard you express understandable skepticism if not cynicism about Washington and politics there are very powerful lobbies there's money there's um uh you know people's ambition you know is a real consequence to congress people running in red districts where districts have been drawn where they're always worried about being primaried by somebody on their right I was on meet the press recently with a guy who just lost a senate race who lowered violence in his north Carolina city 50 but he was running against somebody that had a gun in their belt he said for most of their commercials and he lost in a primary because the guy casted him soft on guns but I I don't think that I think that's a convenient and easy excuse just to blame it on Washington it's almost like surrendering responsibility and not understanding that we all have a role to change this nightmare and it's more than just those real things that I just I just mentioned

Host: yeah I think uh you know that that makes me you know want to know more about and my colleague Adam Skolnick is is on the line too and I know he wants to chime in on this the the kind of lived experience of you being a legislator a senator and and and what that experience is like that perhaps we're not aware of like if there is to the extent that there's frustration like why can't we just get a law passed or what is actually going on like when you uh as somebody who cares

deeply about this issue and and is working so diligently to change the law and and move our country forward in a new direction on this on this subject matter like what are the obstacles that you encounter on a daily basis or or what do we as the public you know not see about what that is like for you

Guest: so look I've seen the best of this place and I've seen the worst of it you know where we've been able to hammer out really great bills you know our criminal justice system is an outrage we're a nation that takes our addicted our mentally ill or poor or black and brown we stiff stuck stick them in jails when they often need help or health care or counseling or trauma and treatment and we put them in our jails and you know we've passed some good bills to try to start changing this nation from being a the country where we still are with one out of every three incarcerated women on the planet earth are in the united states and so we've passed some bills that have liberated thousands of people that that's the best of us um we have a long way to go though and I've seen the worst of us you know we just passed an anti-lynching bill um more than a century after it was first introduced when thousands of blacks were being killed and we couldn't even make lynching a federal crime until 2022 and so I I I I you know I've seen the um the corporate gun lobby and how powerful they are I've seen them change I think after columbine Wayne Lapierre said you know we need to make universal background checks he was for a lot of things but the culture has slipped on on the sort of uh within the nra world where they are resisting and fighting any change whatsoever and they are a very powerful lobby for people who are concerned about um real re-election um and so like right now we're we're we're i've watched now I've been here eight nine years and I have seen those Americans who are really willing to do something different dig in organize put show more pressure on politics changed laws on states you know since parkland there's been a whole lot of state laws that have changed for the better um but here um it's been more difficult I think we're actually going to get something done you know I was talking with uh senator murphy and a group of house members that there's a there's hope here that something can get done but I'm I'm going to be candid it's going to be very incremental necessary things but nowhere near sufficient to end the kind of carnage what we're seeing on a regular basis

Host 2: yeah um senator booker is you're talking about the election cycle and and the pressure to get reelected um how you know when we see these stats of the nra and how much they're contributing to people like mitt Romney or you know mitch McConnell people who you could argue are bigger than the nra in some ways they have their own kind of brand but they're still under the sway of an organization like that does that speak to how hard it is to raise money and compete in politics like what is the draw there or like is it more that they're afraid of the primary like what what do you think is the draw for some of these bigger names that could you think you would be able to win without them

Guest: so again you're getting into the psychology of of your colleagues is often a a dangerous odyssey you can lose your own mind trying to figure out people's different motivations um the nra is not the biggest donor down here and and money i mean it's really one of the toxins of our of our of of our government I think uh when citizens united passed and corporations now can pour tons and tons of money strengthens the corporate gun lobby because remember these are corporations who are having a field day they're selling guns in our country you know at a level that we could have never imagined every man woman and child in America from babies to 99 year old could have one gun and then we'd still have 70 million more guns out in our streets um but I don't know if it's just the money they're contributing and and you know again i like for example i gave up all corporate money it was fourth center to do so i just didn't want to give anybody reason to question my motives um but i know that there as you said there are people that can raise money if they didn't get the whatever 30 000 from the corporate gun lobby but they it think their power a lot of it lies in their ability to mobilize people and get them out to vote singularly on this issue and that's pretty powerful if you know you're in a election where if it if you don't have that a rating and you're going to be you're going to be beat up by it by somebody else who's who really has whipped up this idea that um that that this person is going to be a part of the um group in Washington is going to try to take away your guns you know when gun sales spike when democrats get elected because they have again and you can listen to the to the rhetoric because they're told people are told that you're going to lose your people who believe a very narrow version believe that they're going to lose your gun rights so that's a that's a base not in my world but that's a base I think for uh that people are concerned about in primaries

Host: yeah what's interesting is that that being said it does seem like the nra is out of step with its constituency because the polling demonstrates clearly that most people are in favor of rational gun control and yet the nra still wields so much power to you know rebut the public sentiment on this issue and so I guess I'm curious about you mentioned Senator Murphy Chris Murphy from Connecticut he's put together this bipartisan consortium of legislators to really work on rational gun control like are you like sanguine about the possibilities here because that does seem like a something that's new and different from what we've seen in the past.

Guest: yeah I just want to dwell on that point you made first which is such an important point and I should have mentioned it already this is not a partisan issue it really is not and the problem often with our country is we we try to reduce things into the binary world as demo republican when I've I've listened to your show enough to know that you realize that's not the case i mean the the stranglehold that big ag has down here is not a partisan issue chemicals that are being sprayed on our foods that are in our bloodstream breast milk and the like it's not a partisan issue tech issues are not partisan issues and and we as Americans have so much more in common the lines uh the dividers are nowhere near as strong as the ties that bind us but but this this uh political industrial complex uh that will try to parse us along these tribes uh I think that's and make us believe that we're different that's a problem there's a whole raft of common sense gun safety things that I've seen comedians go to nra conventions and ask people about universal background checks and you just see these nra members saying all this about I'm worried about my guns being taken oh but but you know universal background checks heck yeah we need to have them to stop criminals from getting guns so this is not a partisan issue

amongst Americans it's a partisan issue down here and um and that's a lot of the disconnect um folks have got to um on the republican side democratic side whatever you identify begin to make this a a central issue in your political behavior as far as me being optimistic. I'm look I'm a prisoner of hope but I always differentiate hope from optimism hope stares the wretched truth of the world in the face doesn't deny it but but still believes ultimately that something can be done and so I've seen this come around and I can't if I lost hope that we could do something. I don't think I could continue doing this job I will tell you again that Washington watchers do think that there are the makings right now because of you know Chris murphy said this to me today said this to a group of us today that his sense was that a lot of folks went home and and heard from people within their that identify as their tribe the republicans and and were so dismayed about this because at the end of the day. We are all hugging our children if you have them before they go to school there's a lot of that worry I think that they're feeling which is opening the door to do a little bit but I do not have a belief um that in this bill we're going to see the kind of comprehensive things that most Americans republican democrat independent would want to see.

Host: but we got to start just like Trevor Noah's uh monologue the other day like we have to start somewhere and we got to iterate on that and just uh just to get anything

Guest: and I love history people look at the civil rights movement so it was in the 60s people started in the ins you know uh uh you know a Philip Randolph and others were working on a march on Washington far before the one we know about uh in the 60s they were doing activism and protests and working and making small changes uh Thurgood Marshall was out there changing laws and and more so I agree with you the this first of all we have started the parkland kids the moms demand action gabby Giffords organization there there's a chapter in every single state um of mom's demand action for example that are making a difference in local elections city county state elections so this is a movement the question is is are you a part of it or not because I think what martin Luther king said at very frustrating points in the in the civil rights movement remember his letters from

the Birmingham jail were not to the racists he was talking to good people and what he said is what we have to repent in this day and age and these words echo in this moment what we have to repent for is not simply the vitriolic words and violent actions of the bad people but the appalling silence and inaction of the good people and so that's the question is to me it's very binary I don't I don't don't tell me what your beliefs are uh show me who you are through your actions are you part of the movement to change these laws are you doing more than you did before Uvalde are you doing more than you did before buffalo or you're doing the same things you were doing before those two mass shootings and expecting other people to make the change that you want to see in your country

Host 2: yeah you spoke about um this kind of increased contempt um in terms of the volume I guess that's speaking to polarization but also speaking to kind of I guess information silos and how that can turn up the the volume and the heat on some uh issues like this one um it seems like a tragedy like this the break the breaking of all of us or like if the united states is our common body and we're we're broken it seems like that should be the place to latch on and to do some good right I mean that's what we were talking about but maybe before uh we started to record this this interview uh how how a time of brokenness can be a time can be the perfect time to come together are you seeing anything like that uh I know that you're kind of trying to to make us not expect too much from this coming law but are you are you seeing any of that are you hearing any of that in the hallways a little bit more coming together at all

Guest: so I do think that they're hurt and and shattered more than broken how much we a lot of us have been is creating a climate for change and and the rhythms of Washington dc are often in those moments where of where we share a common pain sometimes we can find common purpose and that's again one of the reasons why I think we're going to get something incremental done or at least I'm hoping and praying that we will um but I I have to be candid with you we had a hearing today all about uh replacement theory and for those who don't know what that is it's been it's been around for generations it was around about the Catholics and the southern Europeans that were

coming here to replace protestant Americans um it's this idea that there is a quote-unquote true American I'm a black guy who can who skip gates trace my history back to the 1640s but um in this country but there's this idea uh that that uh and you hear it you remember that they're marching with tiki torches in Virginia jews will not replace us so the the hearing the professors that were there and the experts that were there at this hearing it was stunning to hear and and look at the data about the mainstreaming of these views he he really called it just like this resurgence of the clan in the 1920s which then it was a lot of Catholics hate and the like and how we're at a perilous moment for our democracy where you're seeing larger and larger portions view on us versus them within this country and not just us where we're all one people with one destiny and so I would be I would be I don't want to candy coat the truth of our country right now there is a rise in hate there is a rise in resentment there is a culture of contempt there are these devices that are in our lives now that have algorithms that are profiting off of making us more emotional and more involved I tell the story even about I'm pointing to my tv where you know a friend of mine had a show on CNN his name is van jones called crossfire and I love what brene brown says she says it's hard to hate up close so pull people in and they decided when it hurt him and newt Gingrich realized they they were approximate to each other and had lots in common they wanted to do the last segment as ceasefire and then after a few episodes of that the producers stopped them because they said ratings were going down so we have got people who are who are realizing the incentive their corporate incentive their political incentive as I said in the hearing if I yelled at Donald trump during the state of the union address if I heckled him and screamed you lie you liar I may have had a really great fundraising quarter the next quarter I know that because when somebody yelled that to Barack Obama they had an incredible great fundraising quarter and so we're building this powder keg right now where we've literally seen people whipped up to storm the capital of the united states and remember they had symbols of antisemitism and racism there where peoples are being preyed upon their vulnerabilities their hurt their trauma their fears are being preyed upon uh by leaders and that that's my biggest worry for my country right now for our country I I really worry that if we can't

figure this out if our tribalism becomes deeper and it's no longer an objective analysis hey this person believes in these values these um ideas and this ideas but it's more a tribalism we demonize each other we we so uh hate each other that we can't even talk to each other um i worry about the future of our country we have got to figure out a way and is this tied to the violence that we are seeing absolutely it is and and so I just will finish this point by saying to you that I'm not despondent because I believe in the radical redemptive power of love and I've seen the data the scientific data that love goes viral too in fact if you're it's a Stanford researchers uh to Richard our alma mater uh that have shown that just witnessing a kind act changes your biochemistry and makes you more likely to make change and you can follow it two or three degrees of separation but we are going to need a lot more committed Americans to despite your whipped up differences with somebody that you can still find ways to create connection and see common dignity and see common destiny and when you ask me about how things get done down here how they really get done one of the best examples of getting through the crap and the obstacles it shows is a story of my implicating myself and my own bias we all have implicit biases and there's a guy who's retiring named Inhofe an Oklahoma Oklahoma senator who you know we vilify on our side sometimes he carried a snowball down to the senate floor to show that there was no climate change but when i got down here my mentor guy named bill Bradley told me go to dinner with your colleagues find ways to have one-on-ones with them and I went to bible study in Inhofe's office and I'll never forget walking in and I saw on his shelf a picture of him and this challenged my implicit bias because I never thought I'd see this kind of picture I saw a picture of him in a little black girl and I I said sir who who's that and he says it's my daughter and he tells me this powerful story about him adopting her at a tough circumstances fast forward months later many months later there's a big education bill going through and i want to get an amendment on this bill about homeless and foster kids and I'm told there's no amendments being allowed Lamar alexander was blocking the bill but I remember this point of human connection and I went to uh Inhofe summoning the spirit of his daughter and the connection I felt with his humanity um that we often don't see when we're on different sides of the political aisle and I'll never forget he told me I will co-sponsor your amendment on a bill that no amendments were being allowed I had this powerful chairman then I got chuck Grassley then we got other republicans and it's now the law of the land and that's just one small story but I think we need millions of those stories in all of our lives to begin to start to heal the fabric and break through the bias and the venom and the and all those who profit off of our hate or our contempt for each other

Host: very powerfully put uh and and beautifully stated I mean thank you for that I mean certainly love connection these are the antidotes to the rift that is increasingly dividing us and the misalignment of incentives whether technological or economic that are driving this I mean we're close enough in age senator that we remember a time when a crisis befell our country it brought us together it didn't drive us apart into our silos and make us argue with each other and it really is an existential crisis and if we can't see our way forward from that none of the other issues are ever going to get addressed so I appreciate you pointing that out and I know your time is running out with us uh but um it was amazing to have a few minutes to talk to you and I appreciate you sharing with us and our audience and and I really do hope that at some point in the not too distant future I can sit down with you in person and and do a full-blown podcast

Guest: hey rich can I make one more uh sure perhaps emotional plea to your audiences I love your pod podcast I love listening to the two you uh go edit uh uh during uh during the uh the new kind of evolution of your podcast where you have this YouTube interstitially and I just trust and believe that not only is your podcast strong but it appeals to people across the political spectrum and and from all different backgrounds and the appeal i want to make to you is that um I I was I um I I was doing a New York times editorial and and they asked me they were doing fun questions at the end they were asking interviewing all the democratic presidential candidates and they would ask me funny questions and they asked me a question what was the biggest mistake you've ever made and I thought they think they thought they were going to get a light answer and I said look the biggest mistake I made was when I was living in these high-rise

projects in the lobby of the building I lived there for eight years this place called brick towers and I watched these little amazing boys grow up all black boys the the leader of the crew was my dad incarnate and they were so similar uh they were both whip smart charismatic born leaders both born at or below the poverty line both weren't raised by their mothers raised by their grandmothers there's just so many serious similarities eerie to me one day I came home smelling something I hadn't smelled since the days of the enchanted broccoli forest uh rich uh I smelled it often at Stanford but I smelled it in my lobby which was pot and you know Stanford students have a lot more wider margins to experiment with drugs than black kids in inner city communities and I immediately thought to myself I gotta lean in more and I took them to the movies and I took them uh you know out to diners I asked them what their dreams were and they were really humble dreams um I still remember uh when one of them told me they wanted to learn how to repair cars and maybe one day have a shop and I boom I thought okay I'm gonna fix you guys up with mentors that can help you with all of your dreams and made commitments to them that i didn't immediately follow through on because I was too busy I was running for to become mayor of the city of New York and even though I was busy and didn't follow through they would still greet me in the lobby on the end of long campaigning days and cheer me on lift me up and then I get elected and I have death threats against me so they surround me with police officers stationed cops in my in the lobby of the building and the project safest projects I think I've been in a long time but the kids I don't care who you are high school kids don't want to hang out where the police are so I just didn't see these young people but in the back of my mind I'm like I'm on a mission to help all the children of the city I'm not I know I'll reconnect with them soon and then a month into my time in office I'm called to uh court street in New York and I get there after a shooting and there's a body covered up and I barely affirm um I barely affirmed the the death on the sidewalk and i'm too busy ministering to the lead to the living and telling them what we're going to do to drive crime down and um I get home that night and I'm going through my blackberry reading reports and the name of the murder was Hassan the young man from my lobby and I will never tell you talk about shattered god literally put my dad in front of me my dad used to talk about the conspiracy of love all the small acts of kindness that helped him get from a rural poor boy black boy in the 1930s and 40s to become an IBM executive all the acts of kindness people going out of their way and here I had a chance to pay it forward and I'll never forget going to his funeral which was like in the bottom of the perry's funeral home in New York and it was like descending into the hull of a ship we were all tied together in grief wailing and moaning chained to this horrific daily occurrence in America which is another young boy in a box and and it haunts me to this day and i regret it to this day that I didn't do more and so I I don't know what it will take for all of us to understand that we are so connected that what you do matters no matter how busy you are there's something more you can do to end this death the pain the hurt the devastation that happens when a young man commits suicide or or or a a woman gets killed by her boyfriend or a a a gun a legal weapon because it was not a background check gets into the streets of communities like mine and is used for a horrific murder and so my appeal to the folks here is that democracy is not a spectator sport it really isn't you get the government you deserve and people before us sacrifice sweat blood we're willing to die to try to bend the arc of of this nation's moral truth and and if there's not if there's ever a time uh to to lean in more to change something that's not partisan it's it's right now because you and I I worry even though I think we're going to pass some legislation I worry that that you may call me up and say hey can we have another 15 minutes to have a conversation about why do we have another mass shooting and this time god forbid if you're a listener here god forbid it's your neighborhood your school your mosque your supermarket your neighborhood and you're wondering why i didn't do more to stop that pain and that horror from visiting upon your life

Host: wow

Host 2: that's amazing uh amazing words senator thank you so much for telling us that and sharing that it's it's like it must weigh heavy every day these kinds of things that you've witnessed and then also hear about you must get every day and another tragic story like that kind of how do you how do you deal with that on a daily basis like the the the responsibility you carry and and the weight of all of that look

Guest: I I am who i am because a community that i'm not from uh embraced me a young law student from yale who thought i was uh some kind of savior and uh knocked me on my ass uh people like frank Hutchins and uh miss Virginia jones miss Yancy you know um miss miss miss wright I can tell you the women who taught me I say I got my ba from Stanford by my PhD on the streets of New York and I have too many stories about gun violence but I I uh vou know on the worst moment for me because it was just so traumatizing we hear these stories about the shootings where we're not seeing the bodies while I was on a scene of a shooting where a teenager got shot multiple times and I was the person trying to stop them from bleeding to death and it was the most gruesome thing I had ever experienced his foamy blood was coming from his mouth blood pouring from his chest and I just I I just was doing i think about it now I no training so I'm sticking my hand in his mouth thinking if I just can clear away the passage for him to breathe because he's choking on his blood and I remember that night trying to scrub this boy's blood off my hands and I remember I have never felt more anger at my country than I did then and I never felt more of a more of a of wanting to quit and just be done with this why was I even trying the problems seemed so much bigger than me and I came down into that lobby where the boys hang out the next morning and walk through the lobby it was early in the morning so nobody was there and I walk into the courtyard and you know this is why I believe in a larger power because I was drowning I was done it was over and then I see the tenant president this elderly woman this Virginia jones who had her son murdered in the lobby in which I I lived uh uh years before I moved in a woman had every reason to move out of those projects in fact I know the money she made I know where she works she didn't have to live in this dangerous neighborhood especially after her son was killed and I remember walking out and being frozen because I saw her back to me and then she turns around almost like she could hear my hurt and then she sees me and she does the only thing that I needed at that moment not to say a word she just opened her arms and I ran across that courtyard like a little boy running to his mom and I'm much bigger than she is but I felt like I disappeared in her arms and she held me and this is the gift she gave me as I started sobbing. she just said two words over and over that were hold on to now when I hurt and when I get angry and when I don't understand my country and where I want to give up and I think about women like that who never give up I think about kids from parkland who turn their pain into purpose I think of mom's demand action people have lost and turned their hurt uh into action and this woman just rubs my back and she says two words that i held on to during my times mayor and in my toughest days here and she just says to me she's rubbing my back she says stay faithful stay faithful stay faithful and so i believe that what real hope is about it's like miss jones it's like hope is the act of conviction that despair will never have the last word that no matter how much it visits upon you you still have agency you still have power even if it's just the defiance of keeping going and not giving up and so yeah i see shrines on my streets teddy bears and candles too many damn times and it's unfortunately black children or Latino children who don't seem to count as much sometimes to the media uh don't they don't seem to get the same coverage and I get angry about systems uh that date back to you know when we had overt redlining they've created a lot of the pain and hurt but I will tell you this we've come this far by faith and I have no right to give up especially when others didn't and the real challenge I see again is how do we make other people care I don't I don't need to change one person's mind who might believe that we shouldn't pass universal background checks or gun licensing or I don't have to change one person's mind all we have to do is get the people who share our beliefs which is the majority of us to do a lot more to show their faith because it's my religious tradition says and it's a terrible foreboding thing to say but it says faith without works is dead

Host: very true um wow i'm just trying to process everything that you just shared it's such a powerful story and I think if you can carry that resonance of of hope and channel that into action um it's inspiring for the rest of us who might feel paralyzed or powerless or as if you know our actions don't really matter because they do and in this democratic republic that we're privileged to live in it's incumbent upon all of us to shoulder that responsibility and and do what we can uh to put in motion uh the better world that we want for ourselves and and future generations

Guest: and a lot of you know you have a lot of athletes that listen to this and it's very obvious like nothing worthwhile is easy nothing that i watched you do you don't just get up in the morning and win a national championship or win a heavyweight boxing match it is hard it takes endurance and resilience and pushing through pain and pushing through a setback but that's what it takes to be great and I do believe in the greatness of this country I think American history is a perpetual testimony to the achievement of the impossible but we who are the inheritors of this impossible dream that is America have got to as I fail to do in that one instance with my dad we've got to prove worthy of it by by paying it forward through our sacrifice and our struggle

Host 2: you you mentioned um just if i could trouble you with just one last recommendation because you've been so generous with your time but it's uh you you mentioned that you're you're you're asking us to give more and do more and I see like a lot of the the volume on the political discussion has gone up the frequency that the average person is talking about politics has gone way up and a lot of that you pointedly pointed out is related to our phones and obviously that addiction um but often what we're doing is just shouting into the void there's not really much getting accomplished other than a bunch of information soup which doesn't help us actually it hurts us what what would you say would be so you've mentioned some great organizations what kind of uh if there's a couple concrete steps that you could recommend for listeners to kind of get involved or a first step to getting more active

Guest: yeah I would find others and connect with others that are that are doing that I mean this is the great thing about America now and these devices I have to say because I don't want to say there's only negative to them is that your fingertips away are connect the ability to connect with people that are probably two or three steps ahead of you sometimes 10 or a mile ahead of you and understanding what makes a difference makes a change and so do some research find these organizations find these people who are committed to this kind of change um and and and never underestimate that you can do you can make a difference I've seen I've seen uh uh incredibly imaginative young people find ways to bring pressure to bear amongst people in

power it's really extraordinary and and this will be it because my staff always stands up and when I you gotta you gotta go but I am the physical I am I am the living evidence that you doing a little bit of something can change the world and I always say this because there was this white guy sitting on a couch in jersey in 1965 uh watching tv it's just chilling out I think it was a sunday and uh and this was back when we only had three channels and they break away the movie most Americans were watching that night was a movie called judgment at Nuremberg and and suddenly he sees this these these black these not these these people on a bridge called the Edmund Pettus bridge being viciously beaten and he's so disturbed by it he's like I got to go to Alabama and then he laughs at himself because he just started a business he can't afford a ticket even Alabama so this guy does what is a great American tradition he just thinks to himself okay I'm just gonna do the best I can with what I have where I am and he does a calculus in his mind and he thinks to himself okay I could spare one hour a week of pro bono work and he does what I just advised you to do calls around back then he didn't have an internet calls around to figure out who might need a one hour pro bono civil rights legal work and he finds this young woman she's now 93 years old but this young and she's still ahead of the same organization finds this one who's head of the fair housing council in northern new jersey and she's like hallelujah jesus i need help because we don't know how to stop they won't let black people live in these neighborhoods they keep showing up and they get steered away and he goes well let's figure something out and they design the sting operation where they get volunteer white couples to volunteer to follow black couples around and so what happens is he goes four years later i get this case file of this uh black family moving up from the south trying getting turned away from house after house he goes we set up the sting they fall in love with this house they're told it's already sold they leave the white couple comes the house is for sale they put a bid on the house on papers are drawn up on the day of the closing the white couple doesn't show up the lawyer does and and the black guy and they confront the real estate agent real estate agent doesn't give up he gets up and punches the lawyer in the face saves the Doberman pincher on the black guy all this kind of rigmarole and next thing you know that black family

moves into this affluent uh all-white town as the father would say that we are the four raisins in the tub of sweet vanilla ice cream that family is my family that's my store that's how I got to where I grew up and by 18 years old I was a two position high school all-American uh on my way to Stanford university on a full scholarship 45.37 and I would not be in this senate office right now if it wasn't for some white guy years before I was born deciding to give one hour a week of pro bono work so don't tell me that that your actions right now if you're listening to this can't make a difference what you do if it's righteous and for a cause of justice and peace and security or the highest of human virtues love it resonates it reverberates it it goes out across space and time and makes a difference you may not live to see it or even have the gift of knowing it but but it makes a difference and now more than ever we need that kind of radical love and consistency to say I'm going to give a little bit every day or every week or whatever you can do for the cause of my country

Host: fantastic wow I'm inspired Adam what are we gonna do we gotta do more than we're doing Host 2: I gotta I gotta do at least one hour a week i mean this is this is crazy that's an unbelievable story thank you so much you guys thank you so much yeah thank you

Host: thank you senator booker really appreciate it uh have a great evening and and look forward to crossing paths against

Guest: I hope to see you in LA yeah

Host: yeah, for sure I'm holding you to it

Guest: I'm trust me man we got a lot of talks we need to talk about America's broken food system and how Washington dc has created a system where 98 where only two percent of our ag subsidies go to the thing, we tell people to eat the most of so I'm looking forward to that 100 and my staff is all here thanks for letting the senator run long I thought he was getting 15 minutes we got 45 40 almost 50 minutes so you've been very generous

Guest: thank you everybody

Host: thank you all right thank you guys you