

APPENDIX



FAKULTAS ILMU SOSIAL DAN HUMANIORA
UNIVERSITAS PGRI ADI BUANA SURABAYA
Kampus I: Jl. Ngagel Dadi III – B/37 Telp. (031)5053127, 5041097 Fax.
(031)5662804 Surabaya 60234

Kampus II: Jl. DukuhMenanggal XII Telp. (031) 8281181, 8281183 Surabaya 60234
<http://fkip.unipasby.ac.id/>

RECORDS OF THESIS SUPERVISION SESSIONS

Name : Karima
NIM : 195300066
Department : English Language Education Department
Thesis title : A case study of EFL students' teachers anxiety in teaching during internship program of PLP II

No	Dates	Materials	Advisor
1.	May 24, 2022	Proposal outline	
2.	Jun 08, 2022	Matrix	
3	Jul 06, 2022	Chapter 1	
4.	Aug 25, 2022	Chapter 1, 2 and 3	
5	Sep 07, 2022	Revision Chapter 1, 2 and 3	
6.	Sep 09, 2022	Revision Chapter 1, 2 and 3	
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Acknowledge By
Dean,

Dr. Sunu Catur Budiyono, M.Hum
NIP/NPP 9102310/DY

Advisor,

Dr. Nunung Nurjati, S.E., M.Pd
NIDN 0726076301



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60234

THESIS REVISION FORM

Name : Karima
NIM : 195300066
Department : English Language Education Department
Thesis title : A case study of EFL students' teachers anxiety in teaching
during inernship program of PLP II
Examiner I : Dr. Endang Mastuti Rahayu, M.Pd
Examiner II : Dr. Nunung Nurjanti, S.E., M.Pd

No	Materi revisi	Examiner I	Examiner II
1.	Kata kunci pada judul	+	+
2.	Tidak ada research GAP	+	+
3	Bab III pada data and source of data	+	+
4.	Bab III pada pertanyaan interview	+	+
5	Bab IV tabel ditaruh pada hal. appendix	+	+
6.	Bab V penjelasan pada conclusion	+	+

The deadline for the correct or revised thesis: two weeks after the thesis examination.

Examiner I ,

Dr. Endang Mastuti Rahayu, M.Pd.
NIDN. 0715016301

Examiner II ,

Dr. Nunung Nurjanti, S.E., M.Pd
NIDN. 0726076301

1. Table of individual observations

Name code : Respondent 1		
Origin of the university : Universitas PGRI Adi Buana Surabaya		
Semester : Semester 7		
Name of the School : SMK Dharma Wanita Gresik		
Subject : Bahasa Inggris		
Topic/subtopic : Analytical Exposition Text		
Anxiety Indicators	Symptomatic signs *(X/V)	Description *(experiencing anxiety/not experiencing anxiety)
Feeling tired and uninspired	V	Respondent 1 can be categorized as experiencing anxiety
Shortness of breath	X	
Difficulty concentrating	V	
Sweaty hands	V	
Dry mouth or throat	X	
Difficulty speaking	V	
Confused and difficult to talk to	V	
Trying to escape from the situation	X	
rush in delivering the material	X	
stammer	X	
Total : 5/10		

Name code	: Respondent 2	
Origin of the university	: Universitas PGRI Adi Buana Surabaya	
Semester	: Semester 7	
Name of the School	: SMK Dharma Wanita Gresik	
Subject	: Bahasa Inggris	
Topic/subtopic	: Analytical Exposition Text	
Anxiety Indicators	Symptomatic signs *(X/V)	Description *(experiencing anxiety/not experiencing anxiety)
Feeling tired and uninspired	V	Respondent 2 can be categorized as experiencing anxiety
Shortness of breath	V	
Difficulty concentrating	V	
Sweaty hands	V	
Dry mouth or throat	V	
Difficulty speaking	V	
Confused and difficult to talk to	V	
Trying to escape from the situation	V	
rush in delivering the material	V	
stammer	X	
Total : 9/10		

Name code : Respondent 3 Origin of the university : Universitas PGRI Adi Buana Surabaya Semester : Semester 7 Name of the School : SMA Wachid Hasyim 5 Surabaya Subject : Bahasa Inggris Topic/subtopic : Descriptive text		
Anxiety Indicators	Symptomatic signs *(X/V)	Description *(experiencing anxiety/not experiencing anxiety)
Feeling tired and uninspired	V	Respondent 3 can be categorized as experiencing anxiety
Shortness of breath	V	
Difficulty concentrating	V	
Sweaty hands	X	
Dry mouth or throat	X	
Difficulty speaking	V	
Confused and difficult to talk to	X	
Trying to escape from the situation	X	
rush in delivering the material	V	
stammer	X	
Total : 5/10		

2. Table of individual interview results

Name Code : Respondent 1			
anxiety Indications	Question	yes	no
Symptoms of anxiety	<i>Apakah Anda merasa nyaman saat sendirian?</i> (Do you feel comfortable when you are alone?)		v
	<i>Apakah Anda merasa gugup saat berada di keramaian?</i> (Do you feel nervous when you are in a crowd?)	v	
	<i>Apakah Anda mencoba menghindari situasi tersebut?</i> (Are you trying to avoid the situation?)		V
	<i>Apakah Anda mengalami sesak napas secara tiba-tiba?</i> (Do you experience shortness of breath suddenly?)		v
	<i>Apakah Anda merasa tidak nyaman berinteraksi dengan orang-orang yang terlibat dalam proses PLP 2.2?</i> (Do you feel uncomfortable interacting with the people involved in the PLP 2.2 process?)	v	
	<i>Apakah anda merasa tidak nyaman saat berinteraksi dengan siswa saat mengajar?</i> (Do you feel uncomfortable interacting with students while teaching?)		v
	<i>Apakah anda merasa tidak nyaman</i>	v	

	<i>berinteraksi dengan guru pendamping (pamong)?</i> (Do you feel uncomfortable interacting with an accompanying teacher (pamong)?)		
	<i>Apakah Anda merasa khawatir saat mengajar di kelas?</i> (Do you feel worried when teaching a class?)	v	
	<i>Apakah Anda sering berpikir tentang apa yang akan terjadi pada Anda di masa depan ketika menerapkan PLP 2.2?</i> (Do you often think about what will happen to you in the future when applying PLP 2.2?)		v
	<i>Apakah anda merasa nyaman saat melaksanakan PLP II.2?</i> (Do you feel comfortable when implementing PLP II.2?)		v
Total : 5/10			
Panic disorder	<i>Apakah Anda tiba-tiba merasa panik?</i> (Do you suddenly feel panicked?)	v	
	<i>Apakah perasaan itu diikuti oleh perasaan takut atau terancam?</i> (Is that feeling followed by a feeling of fear or threat?)	v	
	<i>Apakah ada rencana untuk melarikan diri dari situasi tersebut?</i> (Are there any plans to escape the situation?)		v
	<i>Ketika Anda merasa panik, apakah Anda membatasi aktivitas Anda sebagai seorang guru?</i> (When you panic, do you limit your classroom activities?)	v	

	<p><i>Apakah ada perubahan fisik yang terlihat saat Anda merasa panik?</i> (Are there any visible physical changes when you feel panic?)</p>	v	
Total : 4/5			
<p>Generalized Anxiety Disorder (GAD)</p>	<p><i>Saat akan melaksanakan proses PLP II apakah anda pernah merasa khawatir?</i> (When going to carry out the PLP II process, have you ever felt worried?)</p>	v	
	<p><i>Apa Anda merasa khawatir selama proses mengajar di PLP II?</i> (Did you feel worried during the teaching process at PLP II?)</p>	v	
	<p><i>Bisakah Anda fokus pada situasi?</i> (Can you focus on the situation?)</p>	v	
	<p><i>Perasaan khawatir muncul selama proses pengajaran di PLP II.2 atau setiap kali Anda merasakannya?</i> (A feeling of worry arises during the teaching process in PLP II.2 or every time you feel it?)</p>		v
	<p><i>Bisakah Anda mengendalikan kekhawatiran Anda?</i> (Can you control your worries?)</p>	v	
Total : 2/5			
<p>Phobic Disorders</p>	<p><i>Selama mengajar di kelas apakah Anda menemukan beberapa hewan di dalam ruangan? Apakah Anda takut akan hal itu?</i> (During the class teaching, did you find some animals in the room? Are you afraid of it?)</p>		v
	<p><i>Apakah Anda menemukan noda darah saat mengajar di kelas? Apakah Anda takut akan hal itu?</i></p>		v

	(Did you encounter any blood stains while teaching in class? Are you afraid of it?)		
	<i>Apakah Anda merasa takut yang berlebihan saat keluar rumah untuk pergi ke kelas untuk mengajar?</i> (Do you feel excessive fear when you go out of the house to go to class to teach?)		v
	<i>Apakah lokasi PLP II berada di daerah yang sangat tinggi? Apakah Anda takut akan hal itu?</i> (Is the location of PLP II in a very high area? Are you afraid of it?)		v
	<i>Apakah Anda menemukan banyak benda tajam saat mengajar yang Anda takuti?</i> (Did you encounter many sharp objects while teaching that you feared?)		v
Total : 0/5			
Social Anxiety Disorder (SAD)	<i>Apakah anda merasa takut ketika berinteraksi dengan siswa?</i> (Do you feel afraid when interacting with students?)		v
	<i>Apakah Anda merasa, ketika menjelaskan di kelas bahwa Anda akan dipermalukan?</i> (Do you feel, when explaining in class that you will be humiliated?)		v
	<i>Apakah Anda mahir atau terampil dalam berkomunikasi dengan siswa?</i> (Are you proficient or skilled in communicating with students?)		v
	<i>Apakah rasa takut itu disertai dengan perasaan terancam?</i>		v

	(Is that fear accompanied by a feeling of being threatened?)		
	<i>Apakah Anda takut jika berkerumun ditengah tengah kelas saat mengajar?</i> (Are you afraid of crowding in the middle of the classroom while teaching?)	v	
Total : 4/5			
Agoraphobia	<i>Apakah suasana kelas seperti di keramaian seperti pasar?</i> (Is the classroom atmosphere like in a crowd like a market?)		v
	<i>Apakah Anda nyaman dengan kondisi tersebut atau Anda takut?</i> (Are you comfortable with the conditions or are you afraid?)		v
	<i>Apakah Anda merasa begitu sulit untuk mengajar sehingga Anda ingin lari dari situasi tersebut?</i> (Do you find it so difficult to teach that you want to run away from the situation?)		v
	<i>Apakah siswa yang Anda pesan berperilaku seperti di pasar?</i> (Do the students you order behave like in the market?)		v
	<i>Saat mengajar, apakah anda mencium bau yang tidak sedap seperti bau sayur busuk?</i> (When teaching, do you smell unpleasant smells like the smell of rotten vegetables?)		v
Total : 0/5			
Description : experiencing anxiety Panic disorder and Sosial anxiety Disorder (SAD)			

Name code : respondent 2			
anxiety Indications	Question	Yes	No
Symptoms of anxiety	<i>Apakah Anda merasa nyaman saat sendirian?</i> (Do you feel comfortable when you are alone?)	v	
	<i>Apakah Anda merasa gugup saat berada di keramaian?</i> (Do you feel nervous when you are in a crowd?)	v	
	<i>Apakah Anda mencoba menghindari situasi tersebut?</i> (Are you trying to avoid the situation?)		v
	<i>Apakah Anda mengalami sesak napas secara tiba-tiba?</i> (Do you experience shortness of breath suddenly?)	v	
	<i>Apakah Anda merasa tidak nyaman berinteraksi dengan orang-orang yang terlibat dalam proses PLP 2.2?</i> (Do you feel uncomfortable interacting with the people involved in the PLP 2.2 process?)	v	
	<i>Apakah anda merasa tidak nyaman saat berinteraksi dengan siswa saat mengajar?</i> (Do you feel uncomfortable interacting with students while teaching?)	v	
	<i>Apakah anda merasa tidak nyaman berinteraksi dengan guru pendamping (pamong)?</i> (Do you feel uncomfortable	v	

	interacting with an accompanying teacher (pamong)?		
	<i>Apakah Anda merasa khawatir saat mengajar di kelas?</i> (Do you feel worried when teaching a class?)	v	
	<i>Apakah Anda sering berpikir tentang apa yang akan terjadi pada Anda di masa depan ketika menerapkan PLP 2.2?</i> (Do you often think about what will happen to you in the future when applying PLP 2.2?)	v	
	<i>Apakah anda merasa nyaman saat melaksanakan PLP II.2?</i> (Do you feel comfortable when implementing PLP II.2?)	v	
Total : 8/10			
Panic disorder	<i>Apakah Anda tiba-tiba merasa panik?</i> (Do you suddenly feel panicked?)	v	
	<i>Apakah perasaan itu diikuti oleh perasaan takut atau terancam?</i> (Is that feeling followed by a feeling of fear or threat?)	v	
	<i>Apakah ada rencana untuk melarikan diri dari situasi tersebut?</i> (Are there any plans to escape the situation?)		v
	<i>Ketika Anda merasa panik, apakah Anda membatasi aktivitas Anda sebagai seorang guru?</i> (When you panic, do you limit your classroom activities?)	v	
	<i>Apakah ada perubahan fisik yang terlihat saat Anda merasa panik?</i>	v	

	(Are there any visible physical changes when you feel panic?)		
Total :2/5			
Generalized Anxiety Disorder (GAD)	Saat akan melaksanakan proses PLP II apakah anda pernah merasa khawatir? (When going to carry out the PLP II process, have you ever felt worried?)	v	
	Apa Anda merasa khawatirkan selama proses mengajar di PLP II? (Did you feel worried during the teaching process at PLP II?)	v	
	Bisakah Anda fokus pada situasi? (Can you focus on the situation?)	v	
	Perasaan khawatir muncul selama proses pengajaran di PLP II.2 atau setiap kali Anda merasakannya? (A feeling of worry arises during the teaching process in PLP II.2 or every time you feel it?)	v	
	Bisakah Anda mengendalikan kekhawatiran Anda? (Can you control your worries?)	v	
Total : 3/5			
Phobic Disorders	Selama mengajar di kelas apakah Anda menemukan beberapa hewan di dalam ruangan? Apakah Anda takut akan hal itu? (During the class teaching, did you find some animals in the room? Are you afraid of it?)		v
	Apakah Anda menemukan noda darah saat mengajar di kelas? Apakah Anda takut akan hal itu? (Did you encounter any blood stains while teaching in class? Are		v

	you afraid of it?)		
	Apakah Anda merasa takut yang berlebihan saat keluar rumah untuk pergi ke kelas untuk mengajar? (Do you feel excessive fear when you go out of the house to go to class to teach?)		v
	Apakah lokasi PLP II berada di daerah yang sangat tinggi? Apakah Anda takut akan hal itu? (Is the location of PLP II in a very high area? Are you afraid of it?)		v
	Apakah Anda menemukan banyak benda tajam saat mengajar yang Anda takuti? (Did you encounter many sharp objects while teaching that you feared?)		v
Total : 0/5			
Social Anxiety Disorder (SAD)	Apakah anda merasa takut ketika berinteraksi dengan siswa? (Do you feel afraid when interacting with students?)		v
	Apakah Anda merasa, ketika menjelaskan di kelas bahwa Anda akan dipermalukan? (Do you feel, when explaining in class that you will be humiliated?)	v	
	Apakah Anda mahir atau terampil dalam berkomunikasi dengan siswa? (Are you proficient or skilled in communicating with students?)		v
	Apakah rasa takut itu disertai dengan perasaan terancam? (Is that fear accompanied by a	v	

	feeling of being threatened?)		
	<i>Apakah Anda takut jika berkerumun ditengah tengah kelas saat mengajar?</i> (Are you afraid of crowding in the middle of the classroom while teaching?)	v	
Total : 4/5			
Agoraphobia	<i>Apakah suasana kelas seperti di keramaian seperti pasar?</i> (Is the classroom atmosphere like in a crowd like a market?)	v	
	<i>Apakah Anda nyaman dengan kondisi tersebut atau Anda takut?</i> (Are you comfortable with the conditions or are you afraid?)		v
	<i>Apakah Anda merasa begitu sulit untuk mengajar sehingga Anda ingin lari dari situasi tersebut?</i> (Do you find it so difficult to teach that you want to run away from the situation?)	v	
	<i>Apakah siswa yang Anda pesan berperilaku seperti di pasar?</i> (Do the students you order behave like in the market?)	v	
	<i>Saat mengajar, apakah anda mencium bau yang tidak sedap seperti bau sayur busuk?</i> (When teaching, do you smell unpleasant smells like the smell of rotten vegetables?)	v	
Total : 4/5			
Description: experiencing anxiety Social Anxiety Disorder (SAD), Agoraphobia and social anxiety disoerde (SAD)			

Name code : respondent 3			
anxiety Indications	Question	Yes	No
Symptoms of anxiety	<i>Apakah Anda merasa nyaman saat sendirian?</i> (Do you feel comfortable when you are alone?)	v	
	<i>Apakah Anda merasa gugup saat berada di keramaian?</i> (Do you feel nervous when you are in a crowd?)		v
	<i>Apakah Anda mencoba menghindari situasi tersebut?</i> (Are you trying to avoid the situation?)		v
	<i>Apakah Anda mengalami sesak napas secara tiba-tiba?</i> (Do you experience shortness of breath suddenly?)	v	
	<i>Apakah Anda merasa tidak nyaman berinteraksi dengan orang-orang yang terlibat dalam proses PLP 2.2?</i> (Do you feel uncomfortable interacting with the people involved in the PLP 2.2 process?)	v	
	<i>Apakah anda merasa tidak nyaman saat berinteraksi dengan siswa saat mengajar?</i> (Do you feel uncomfortable interacting with students while teaching?)		v
	<i>Apakah anda merasa tidak</i>		v

	<i>nyaman berinteraksi dengan guru pendamping (pamong)?</i> (Do you feel uncomfortable interacting with an accompanying teacher (pamong)?)		
	<i>Apakah Anda merasa khawatir saat mengajar di kelas?</i> (Do you feel worried when teaching a class?)	v	
	<i>Apakah Anda sering berpikir tentang apa yang akan terjadi pada Anda di masa depan ketika menerapkan PLP 2.2?</i> (Do you often think about what will happen to you in the future when applying PLP 2.2?)	V	
	<i>Apakah anda merasa nyaman saat melaksanakan PLP II.2?</i> (Do you feel comfortable when implementing PLP II.2?)	V	
Total : 5/10			
Panic disorder	<i>Apakah Anda tiba-tiba merasa panik?</i> (Do you suddenly feel panicked?)	v	
	<i>Apakah perasaan itu diikuti oleh perasaan takut atau terancam?</i> (Is that feeling followed by a feeling of fear or threat?)	v	
	<i>Apakah ada rencana untuk melarikan diri dari situasi tersebut?</i> (Are there any plans to escape the situation?)		v
	<i>Ketika Anda merasa panik, apakah Anda membatasi</i>		v

	<i>aktivitas Anda sebagai seorang guru?</i> (When you panic, do you limit your classroom activities?)		
	<i>Apakah ada perubahan fisik yang terlihat saat Anda merasa panik?</i> (Are there any visible physical changes when you feel panic?)	v	
Total :3/5			
Generalized Anxiety Disorder (<i>GAD</i>)	<i>Saat akan melaksanakan proses PLP II apakah anda pernah merasa khawatir?</i> (When going to carry out the PLP II process, have you ever felt worried?)	v	
	<i>Apa Anda merasa khawatir selama proses mengajar di PLP II?</i> (Did you feel worried during the teaching process at PLP II?)	v	
	<i>Bisakah Anda fokus pada situasi?</i> (Can you focus on the situation?)		v
	<i>Perasaan khawatir muncul selama proses pengajaran di PLP II.2 atau setiap kali Anda merasakannya?</i> (A feeling of worry arises during the teaching process in PLP II.2 or every time you feel it?)	v	
	<i>Bisakah Anda mengendalikan kekhawatiran Anda?</i> (Can you control your worries?)	v	
Total : 4/5			
Phobic Disorders	<i>Selama mengajar di kelas apakah Anda menemukan</i>		v

	<p><i>beberapa hewan di dalam ruangan? Apakah Anda takut akan hal itu?</i> (During the class teaching, did you find some animals in the room? Are you afraid of it?)</p>		
	<p><i>Apakah Anda menemukan noda darah saat mengajar di kelas? Apakah Anda takut akan hal itu?</i> (Did you encounter any blood stains while teaching in class? Are you afraid of it?)</p>		v
	<p><i>Apakah Anda merasa takut yang berlebihan saat keluar rumah untuk pergi ke kelas untuk mengajar?</i> (Do you feel excessive fear when you go out of the house to go to class to teach?)</p>		v
	<p><i>Apakah lokasi PLP II berada di daerah yang sangat tinggi? Apakah Anda takut akan hal itu?</i> (Is the location of PLP II in a very high area? Are you afraid of it?)</p>		v
	<p><i>Apakah Anda menemukan banyak benda tajam saat mengajar yang Anda takuti?</i> (Did you encounter many sharp objects while teaching that you feared?)</p>		v
Total : 0/5			
Social Anxiety Disorder (SAD)	<p><i>Apakah anda merasa takut ketika berinteraksi dengan siswa?</i> (Do you feel afraid when interacting with students?)</p>		v

	<p><i>Apakah Anda merasa, ketika menjelaskan di kelas bahwa Anda akan dipermalukan?</i> (Do you feel, when explaining in class that you will be humiliated?)</p>		v
	<p><i>Apakah Anda mahir atau terampil dalam berkomunikasi dengan siswa?</i> (Are you proficient or skilled in communicating with students?)</p>		v
	<p><i>Apakah rasa takut itu disertai dengan perasaan terancam?</i> (Is that fear accompanied by a feeling of being threatened?)</p>		v
	<p><i>Apakah Anda takut jika berkerumun ditengah tengah kelas saat mengajar?</i> (Are you afraid of crowding in the middle of the classroom while teaching?)</p>		v
Total : 1/5			
Agoraphobia	<p><i>Apakah suasana kelas seperti di keramaian seperti pasar?</i> (Is the classroom atmosphere like in a crowd like a market?)</p>		v
	<p><i>Apakah Anda nyaman dengan kondisi tersebut atau Anda takut?</i> (Are you comfortable with the conditions or are you afraid?)</p>		v
	<p><i>Apakah Anda merasa begitu sulit untuk mengajar sehingga Anda ingin lari dari situasi tersebut?</i> (Do you find it so difficult to teach that you want to run away from the situation?)</p>		v

	<i>Apakah siswa yang Anda pesan berperilaku seperti di pasar?</i> (Do the students you order behave like in the market?)		v
	<i>Saat mengajar, apakah anda mencium bau yang tidak sedap seperti bau sayur busuk?</i> (When teaching, do you smell unpleasant smells like the smell of rotten vegetables?)		v
Total : 0/5			
Description: experiencing anxiety (Generalized Anxiety Disorder (GAD) and Panic Disorder			

3. Table of Interview (open-ended)

QUESTION	ANSWER OF RESPONDENT
How did you feel when teaching a class with uncomfortable feelings?	1st respondent : Feeling restless and afraid of making mistakes.
	2nd respondent : If I feel uncomfortable, I can experience fear and insecurity while teaching.
	3rd respondent : I control myself to stay well, only with uncomfortable in my opinion.
What were the hardest challenges you felt while teaching in the classroom?	1st respondent : Facing students who have different characters
	2nd respondent : The hardest challenge when teaching is that I feel when we are faced with students with different characters.
	3rd respondent : adapting with students

When you feel the anxiety of teaching in a class, are you able to speak fluently and deliver the material perfectly?	1st respondent : No, talking stammeringly
	2nd respondent : When I am anxious, I can feel scared to the point of nervousness when speaking and the delivery of the material can be stammered.
	3rd respondent : Not so perfect, sometimes when teaching suddenly my mind goes blank.
When you experience anxiety, what are the stages of teaching that you forget?	1st respondent : Checking the student's attendance list, because they were too nervous when they saw them staring at me intently
	2nd respondent : Usually when I feel anxious I forget to do the opening activity.
	3rd respondent : Complete material. There is always some stage that I forget.
When students ask using correct English, how do you feel?	1st respondent : feel insecure, because as a teacher I am afraid that they are more able to speak English than I am
	2nd respondent : I feel worried that sometimes there are times when I have difficulty in understanding something.
	3rd respondent : Very happy because there is progress in these students.
What are you afraid of while teaching in the classroom?	1st respondent : Fear of making mistakes in the delivery of material.
	2nd respondent : What I am afraid of is when the

	<p>student does not understand what I am saying.</p> <p>3rd respondent : Fear of giving the wrong material and how to convey it is too convoluted.</p>
Are you able to communicate with using full English during the learning process? If not, why?	<p>1st respondent : No, considering that public schools, not international where students are not very familiar with English.</p>
	<p>2nd respondent : Can't, because when I'm nervous I can forget english vocabulary.</p>
	<p>3rd respondent : No, because I haven't fully mastered English either.</p>
During the teaching process, will you be talking with students, or students talk with you more often?	<p>1st respondent : Students, because I am too focused on thinking about the next step of learning.</p>
	<p>2nd respondent : I talk with students more often to build a good atmosphere.</p>
	<p>3rd respondent : I often talk to students, because we as teachers must be able to approach students so that we know the characteristics of each student.</p>
How do you manage your anxiety while teaching a class?	<p>1st respondent : Always try to avoid mistakes and looks fine.</p>
	<p>2nd respondent : Walked out of the room for a while. Relax and motivate myself.</p>
	<p>3rd respondent : Stay calm and take deep breaths.</p>
Why do you think you feel anxiety when	<p>1st respondent : The first is afraid that they will make a</p>

teaching in the classroom? Can you name the factor?	mistake both in delivering the material and when facing different student characters. Secondly, lack of confidence because my English level is afraid of being lower than that of students.
	2nd respondent : I can feel anxious because I often think about things that haven't happened (overthinking). Factors can be from lack of confidence and not preparing things well.
	3rd respondent : Because we as teachers also have to adapt to students, sometimes I'm afraid students don't like the material I teach or don't like the way I teach them.