ABSTRAK

Dina, Imelda Fara. 2023. Gangguan Kesehatan Mental Tokoh Novel Stigma Karya Hindhi Astina Saraswati: Kajian Psikologi Sastra. Skripsi. Program Studi Pendidikan Bahasa Indonesia, Fakultas Ilmu Sosial dan Humaniora, Universitas PGRI Adi Buana Surabaya. Pembimbing: Pana Pramulia, S.Pd., M.Pd.

Kata kunci : Karya Sastra, Novel Stigma, Psikologi Sastra, Kepribadian, dan Gangguan Kesehatan Mental.

Karya sastra adalah sebuah ungkapan atau ide yang dituangkan oleh penulis tentang sebuah permasalahan yang terjadi di dalam setiap kehidupan, serta menceritakan berbagai jenis kehidupan yang dialami pengarangnya. karya sastra yang paling banyak diminati oleh masyarakat adalah novel, sebab novel menarik pembaca karena banyak kejadian realita kehidupan yang diceritakan sehingga pembaca merasakan cerita yang disampaikan oleh pengarang. Novel juga menampilkan berbagai perilaku dan watak tokoh serta pengalaman psikologis atau konflik-konflik yang dialami manusia dalam kehidupan nyata. Berdasarkan hal tersebut, penelitian ini bertujuan untuk mendeskripsikan kepribadian tokoh novel Stigma yang mengalami gangguan kesehatan mental. Penelitian ini menggunakan metode kualitatif. Sumber data pada penelitian ini adalah novel Stigma karya Hindhi Astina Saraswati. Sedangkan data pada penelitian ini yakni kata, frasa, klausa, dan kalimat yang mendeskripsikan kesehatan mental. Teknik pengumpulan data dalam penelitian ini yaitu dokumentasi. Teknik penganalisisan data pada novel Stigma karya Hindhi Astina Saraswati adalah menggunakan teknik deskriptif. Hasil penelitian ini, yaitu tokoh novel Stigma karya Hindhi Astina Saraswati yang memiliki gangguan Kesehatan mental berupa kepribadian kesadaran dan ego, taksadar pribadi dan kompleks, taksadar kolektif, arsetip, sikap dan fungsi.

ABSTRACT

Dina, Imelda Fara. 2023. Mental Health Disorders of Stigma Novel Characters by Hindhi Astina Saraswati: Theoretical Study Literary Psychology. Thesis. Indonesian Language Education Study Program, Faculty of Social Sciences and Humanities, PGRI Adi Buana University Surabaya. Advisor: Pana Pramulia, S.Pd., M.Pd.

Keywords: Literary Works, Novel Stigma, Literary Psychology, Personality, and Mental Health Disorders.

 A literary work is an expression or idea expressed by the author about a problem that occurs in each life, as well as telling the various types of life experienced by the author. The literary work that is most in demand by the public is the novel, because the novel attracts readers because there are many events of the reality of life being told so that the reader feels the story told by the author. Novel also displays various behaviors and dispositions of characters as well as psychological experiences or conflicts experienced by humans in real life. Based on this, this study aims to describe the personality of the novel character Stigma who has a mental health disorder. This research uses qualitative methods. The source of data in this study is the novel Stigma by Hindhi Astina Saraswati. Meanwhile, the data in this study are ka ta, phrases, clauses, and kalimat which describe mental health. The data collection technique in this study is documentation. Thedata analysis in the novel Stigma by Hindhi Astina Saraswati is to use descriptive techniques. The results of this study, namely the character of the novel Stigma by Hindhi Astina Saraswati who has mental health disorders in the form of personality awareness and ego, personal and complex invisibility, collective unawareness, arsetip, attitudes and functions.theory then continuing with the research background that in the stigma novel by Hindhi Astina Saraswati all the characters experience mental health disorders.