

## ABSTRAK

Ade Ryan, 2021. *Efektivitas video pembelajaran PJOK berbasis Daring di Era Pandemi bagi Pelajar SMK IPIEMS di Kota Surabaya* Skripsi. Program Studi Pendidikan Jasmani. Universitas PGRI Adi Buana Surabaya. Pembimbing Dr. Harwanto, S.T., M.Pd dan Ramadhany H.P., S.Pd., M.Pd

Kata Kunci : *Efektivitas video pembelajaran PJOK berbasis Daring di Era Pandemi, Pandemi, Covid-19.*

Pada 11 Maret 2020 lalu, WHO (World Health Organization) sudah mengumumkan status pandemi global untuk penyakit virus corona 2019 atau yang juga disebut corona virus disease 2019 (COVID-19).

Dalam istilah kesehatan, pandemi berarti terjadinya wabah suatu penyakit yang menyerang banyak korban, serempak di berbagai Negara. Sementara dalam kasus COVID-19, badan kesehatan dunia WHO (World Health Organization) menetapkan penyakit ini sebagai pandemi karena seluruh warga dunia berpotensi terkena infeksi virus COVID-19.

Situasi pandemi Covid-19 seperti ini, pembelajaran daring diatur melalui Surat Edaran Kemdikbud mengenai Pelaksanaan Pendidikan Dalam Masa 3 Darurat Covid-19 terdapat kebijakan yaitu pembelajaran daring guna memberikan sebuah pengalaman belajar yang sangat bermakna, tidak menjadi beban dalam menyelesaikan semua kurikulum untuk kelulusan, pembelajaran dititikberatkan pada pengembangan kecakapan hidup yaitu tentang pandemi Covid-19 dan pembelajaran tugas dapat divariasi antar siswa, mengikuti bakat dan minat serta keadaan masing-masing termasuk meninjau kembali kesenjangan fasilitas belajar yang dimiliki dirumah. Sehingga peneliti menggunakan rumusan masalah :“ Apakah pembelajaran dengan melalui Daring ini sangat Efektif bagi pelajar? Terutama di dalam Mata Pelajaran PJOK?

Dalam penelitian ini untuk mengetahui apakah ada perbedaan antara kelompok eksperimen yang diberikan latihan dengan kelompok kontrol yang hanya dipantau kegiatannya saja. Metode pengumpulan data yang digunakan adalah dengan menggunakan *metode Kualitatif atau dengan menganalisis salah satunya dengan cara Wawancara.*

Dengan demikian dapat disimpulkan bahwa pembelajaran Daring ini masih sangat kurang efektif terlebih di mata pelajaran PJOK.

## **ABSTRACT**

Ade Ryan, 2021. The effectiveness of online-based PJOK learning videos in the Pandemic Era for IPIEMS Vocational School Students in Surabaya City Thesis. Physical Education Study Program. PGRI Adi Buana University Surabaya. Advisor Dr. Harwanto, S.T., M.Pd and Ramadhani H.P., S.Pd., M.Pd

**Keywords:** The effectiveness of online-based PJOK learning videos in the Pandemic, Pandemic, Covid-19 Era.

On March 11, 2020, WHO (World Health Organization) announced the status of a global pandemic for the 2019 corona virus disease or what is also known as the corona virus disease 2019 (COVID-19).

In health terms, pandemic means the occurrence of an outbreak of a disease that attacks many victims, simultaneously in various countries. Meanwhile, in the case of COVID-19, the world health agency WHO (World Health Organization) has declared this disease a pandemic because all citizens of the world have the potential to be infected with the COVID-19 virus.

In a Covid-19 pandemic situation like this, online learning is regulated through a Circular of the Ministry of Education and Culture regarding the Implementation of Education in the 3 Emergency Period of Covid-19, there is a policy, namely online learning to provide a very meaningful learning experience, not a burden in completing all curricula for graduation, learning emphasizes the development of life skills, namely about the Covid-19 pandemic and learning assignments can be varied between students, following their talents and interests as well as their respective circumstances including reviewing gaps in learning facilities at home. So the researcher uses the problem formulation: "Is online learning very effective for students? Especially in PJOK Subjects?

In this study, to find out whether there was a difference between the experimental group who was given training and the control group who only monitored their activities. The data collection method used is to use qualitative methods or by analyzing one of them by means of interviews.

Thus it can be concluded that Online learning is still very ineffective, especially in PJOK subjects.