

DAFTAR PUSTAKA

- Angelina, P., Christanti, F. D., & Mulya, H. C. (2021). Gambaran Self Esteem Remaja Perempuan Yang Merasa Imperfect Akibat Body Shaming. *Experientia: Jurnal Psikologi Indonesia*, 9(2), 94–103. <https://doi.org/10.33508/exp.v9i2.2889>
- Arikunto, S. (2006). *Prosedur Penelitian*.
- Azwar, S. (2010). *Metode Penelitian*.
- Bandura, A. (1997). *Self-efficacy: the exercise of control 1st edition* (pp. 1–604).
- Branden, N. (1992). The Power Of Self-Esteem. In *Health Communications, Inc.*
- Coppersmith, S. (1981). *The Antecedents of Self-esteem*.
- Creswell, J. W. (2014). Educational research: Planning, conducting, and evaluating quantitative and qualitative research. In *Educational Research* (Vol. 4).
- Crocker, J., & Major, B. (1989). Social Stigma and Self-Esteem : The Self-Protective Properties of Stigma on self-esteem . Later in this article , we will consider variables. *Psychological Review*, 96(4), 608–624.
<http://content.ebscohost.com/ContentServer.asp?T=P&P=AN&K=1990-04498-001&S=L&D=pdh&EbscoContent=dGJyMMTo50Sep7c4yOvqOLCmr1Gep7dSsq4TK6WxWXS&ContentCustomer=dGJyMPGusVCxqrFRuePfgeyx44Dt6fIA>
- Dachmiati, S., & Amalia, R. (2017). Layanan Bimbingan Kelompok untuk Meningkatkan Self-Esteem Siswa. *Jurnal Fokus Konseling*, 3(2), 148. <https://doi.org/10.26638/jfk.405.2099>
- Damayanti, A. A. M., & Susilawati, L. K. P. A. (2018). Peran Citra Tubuh Dan Penerimaan Diri Terhadap Self Esteem Pada Remaja Putri Di Kota Denpasar. *Psikologi Udayana*, 5(2), 424–433.
- Eğeci, S., & Gençöz, F. (2017). Use of cinematherapy in dealing with relationship problems. *Arts in Psychotherapy*, 53, 64–71. <https://doi.org/10.1016/j.aip.2017.02.004>

- Febrina, D. T., Suharso, P. L., & Saleh, A. Y. (2018). Self-Esteem Remaja Awal: Temuan Baseline Dari Rencana Program Self-Instructional Training Kompetensi Diri. *Jurnal Psikologi Insight*, 2(1), 43–56.
<https://doi.org/10.17509/insight.v2i1.11922>
- Febrianti, A. (2020). Individual Factor Relationship With Self Esteem (Self Price) Adolescent Orphanage in The City Of Padang in 2019. *Menara Ilmu*, XIV(1), 8–18.
- Fitra, N. A., Rahayu Z, S. P., Desmita, D., & Irman, I. (2021). Hubungan Self-Esteem dan Body Image pada Remaja Putri di Lembaga Kesejahteraan Sosial Anak (LKSA). *Istinarah: Riset Keagamaan, Sosial Dan Budaya*, 3(2), 84.
<https://doi.org/10.31958/istinarah.v3i2.4534>
- Gladding, S. T. (2012). *Konseling : Profesi yang Menyeluruh / Samuel T. Gladding*. <https://library.unismuh.ac.id/opac/detail-opac?id=587>
- Jacobs, E. E., Schimmel, C. J., Masson, R. L., & Harvill, R. L. (2016). *Group counseling: strategies and skills*. 478.
- Khotimah M, K., Redjeki, S., & Prihandoko, T. L. (2022). Efektivitas Cinema Therapy dalam Bimbingan Kelompok untuk Meningkatkan Self-Efficacy Karir Siswa Kelas 12 SMK Teuku Umar Semarang. *Empathy Cons: Journal of Guidance and Counseling*, 4(1), 1–6.
- Khusumadewi, A., & Juliantika, Y. T. (2018). *The Effectiveness Of Cinema Therapy To Improve Student Empathy. January 2018*.
<https://doi.org/10.2991/icei-18.2018.124>
- Korida, N. P., & Nursalim, D. M. (2013). Penggunaan Media Video Untuk Meningkatkan Keaktifan Siswa Pada Layanan Informasi Di Smp Negeri 2 Ngoro the Use of Video As a Media To Increase the Students' Activity of the Information Services At Smpn 2 Ngoro. *Jurnal BK UNESA*, 04 (01), 135–143.
- Levin, A. (2013). The Psychology of Self-Esteem. In *Proceedings of the International Symposium on Symbolic and Algebraic Computation, ISSAC*.
- Linden, J. H. (2004). *Body Image: A Handbook of Theory, Research, and Clinical Practice*. Thomas Cash and Thomas Pruzinsky, Editors. New York, NY: Guilford Press. (2002). xxii + 530 Pages . *American Journal of Clinical Hypnosis*, 46(4), 353–355.

<https://doi.org/10.1080/00029157.2004.10403620>

- Maslow, A. (1943). *A Theory of Human Motivation*.
- Mruk, C. J. (1995). Self-esteem: research, theory, and practice. In *Choice Reviews Online* (Vol. 32, Issue 10). <https://doi.org/10.5860/choice.32-5938>
- Muarifah, A., Fauziah, M., Saputra, W. N. E., & Da Costa, A. (2019). Pengaruh Regulasi Emosi terhadap Harga Diri Siswa Sekolah Menengah Atas di Yogyakarta. *Jurnal Kajian Bimbingan Dan Konseling*, 4(3), 94. <https://doi.org/10.17977/um001v4i32019p094>
- Newton, A. K. (1995). Using theater to explore feelings and issues. *Gifted Child Today, Maart*.
- Novitasari, Z., Cahyaningrum, V. D., Setyoningsih, Y. D., & Susilo, H. (2022). Penerapan Bimbingan Kelompok Dengan Teknik Cinematherapy Untuk Meningkatkan Empati Siswa SMA Negeri 1 Malo. *Nusantara of Research: Jurnal Hasil-Hasil Penelitian Universitas Nusantara PGRI Kediri*, 9(2), 177–186. <https://doi.org/10.29407/nor.v9i2.18130>
- Powell, M. L., Newgent, R. A., & Lee, S. M. (2006). Group cinematherapy: Using metaphor to enhance adolescent self-esteem. *Arts in Psychotherapy*, 33(3), 247–253. <https://doi.org/10.1016/j.aip.2006.03.004>
- Pratiwi, M. P., Setiady, I., & Fitriani, N. (2021). Hubungan Kejadian Bullying Dengan Self Esteem (Harga Diri) Dan Resiliensi Pada Remaja. *Alauddin Scientific Journal of Nursing*, 2(2), 84–92. <https://doi.org/10.24252/asjn.v2i1.22841>
- Priyatno, D. (2013). *Analisis Korelasi, Regresi, dan multivariate dengan SPSS*.
- Rahmawati, P. (n.d.). *MEDIA*.
- Refnadi, R. (2018). Konsep self-esteem serta implikasinya pada siswa. *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia*, 4(1), 16. <https://doi.org/10.29210/120182133>
- Reza, K. (2015). *KEEFEKTIFAN LAYANAN BIMBINGAN KELOMPOK DENGAN MEDIA FILM DALAM MENINGKATKAN SELF ESTEEM ANAK DI YAYASAN SETARA SEMARANG*. <https://lib.unnes.ac.id/28607/1/1301411037.pdf>
- Riska, H. A., Krisnatuti, D., & Yuliati, L. N. (2018). Pengaruh

Interaksi Remaja dengan Keluarga dan Teman serta Self-Esteem terhadap Perilaku Prososial Remaja Awal. *Jurnal Ilmu Keluarga Dan Konsumen*, 11(3), 206–218.
<https://doi.org/10.24156/jikk.2018.11.3.206>

Rosenberg, M. (1965). *Society and the Adolescent Self-Image*.

Sharp, C., Smith, J. V., & Cole, A. (2002). Cinematherapy: Metaphorically promoting therapeutic change. *Counselling Psychology Quarterly*, 15(3), 269–276.
<https://doi.org/10.1080/09515070210140221>

Stets, J. E., & Burke, P. J. (2014). Self-esteem and identities. *Sociological Perspectives*, 57(4), 409–433.
<https://doi.org/10.1177/0731121414536141>

STUDENTS EXPERIENCING LOW SELF-COMPASSION OR LOW PERCEPTIONS OF COMPETENCE. (2021). American Psychology Association.
<https://www.apa.org/ed/schools/primer/self-esteem.pdf>

Sugiyono. (2014). *Metode penelitian pendidikan : Pendekatan kuantitatif, kualitatif, dan R&D*.

Suryabrata, S. (2015). *Metodologi penelitian*.

Susanto, A. (2018). *Bimbingan Dan Konseling. Konsep,Teori,Dan Aplikasinya*.

Syafarudi, & DKK. (2019). Dasar-Dasar Bimbingan Dan Konseling Telaah Konsep , Teori Dan Praktik. In *Perdana Publishing*.

Winkel, W. S. (2005). *Bimbingan dan Konseling di Institusi Pendidikan (5th ed.)*.