

## ABSTRAK

Hapsari, Fourani Adila S.P. 2024 Studi Kasus *Toxic Relationship* Mahasiswa Prodi BK Universitas PGRI Adi Buana Surabaya. Program Studi Bimbingan dan Konseling. Fakultas Ilmu Pendidikan, Universitas PGRI Adi Buana Surabaya. Dosen Pembimbing : Maghfirotul Lathifah, S.Pd., M.Pd

Kata Kunci : *Toxic Relationship*, Mahasiswa

Penelitian ini dilatarbelakangi oleh hubungan intim atau dekat antara laki-laki dengan perempuan yang ditandai dengan saling mengenal pribadi baik kekurangan dan kelebihan, melakukan serangkaian aktivitas bersama agar dapat saling mengenal satu sama lain. Ketika sedang menjalin sebuah hubungan terdapat banyak konflik konflik yang terjadi seperti adanya kecemburuan pasangan yang terlalu mengekang pasangan terlalu ikut campur dalam kehidupannya dan bahkan ada beberapa pasangan yang sampai melakukan kekerasan fisik dan psikis dalam hubungannya seperti memukul, mencela, menghina dan berperilaku terlalu kasar terhadap pasangannya. Hal tersebut dapat menimbulkan hubungan yang dapat dikatakan sebagai *toxic relationship*.

Fokus penelitian ini yaitu *toxic relationship* mahasiswa prodi BK Universitas Adi Buana Surabaya. Penelitian ini menggunakan pendekatan Kualitatif metode studi kasus. Subjek penelitian ini merupakan 3 (tiga) mahasiswa Prodi BK Universitas Adi Buana Surabaya, yaitu subjek FD, SN dan AL yang mengalami *toxic relationship*. Pemeriksaan keabsahan data dalam penelitian ini menggunakan Triangulasi Teknik dan triangulasi waktu. Berdasarkan hasil dari penelitian ini diketahui bahwa adanya *toxic relationship* yang terjadi kepada mahasiswa prodi BK Universitas PGRI Adi Buana Surabaya.

### **ABSTRAK**

*Hapsari, Fourani Adila S.P. 2024 Case Study of Toxic Relationships for Students of the Guidance and Guidance Study Program at PGRI Adi Buana University, Surabaya. Guidance and Counseling Study Program. Faculty of Education, PGRI Adi Buana University Surabaya. Supervisor: Maghfirotul Lathifah, S.Pd., M.Pd*

*Keywords: Toxic Relationship, students*

*This research is motivated by intimate or close relationships between men and women which are characterized by getting to know each other's personal strengths and weaknesses, carrying out a series of activities together in order to get to know each other. When you are in a relationship, there are many conflicts that occur, such as the jealousy of a partner who is too restrictive, the partner is too involved in their life and there are even some couples who resort to physical and psychological violence in their relationship, such as hitting, criticizing, insulting and behaving too harshly towards their partner. . This can give rise to a relationship that can be said to be a toxic relationship.*

*The focus of this research is the toxic relationship of BK study program students at Adi Buana University, Surabaya. This research uses a qualitative approach, case study method. The subjects of this research were 3 (three) students of the BK Study Program at Adi Buana University, Surabaya, namely subjects FD, SN and AL who experienced toxic relationships. Checking the validity of the data in this study used technical triangulation and time triangulation. Based on the results of this research, it is known that there is a toxic relationship that occurs with students of the BK study program at PGRI Adi Buana University, Surabaya.*